

Life In Color

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Matt Thomson (USA) - September 2015
音樂: Life In Color - OneRepublic



Start on the word "Best"

ROCK RECOVER SHUFFLE KICKBALL CHANGE WALK TOUCH

1,2 step back with R, step forward with L
3&4 step forward R, step L beside R, step forward on R
5&6 kick L, step L beside R, step R beside L
7,8 step forward L, Touch R beside L

Restart: wall 5

ROCK RECOVER ½ SHUFFLE ¼ SIDE HOLD TOGETHER SHUFFLE

1,2 step forward on R, step back on L
3&4 step a ¼ right on R, step L beside R, step a ¼ right on R
5,6 step ¼ right stepping L to left, Hold
&7&8 step R beside L, Step L to left, step R beside L step L to left

CROSS ROCK RECOVER SIDE SHUFFLE SAMBA SAMBA

1,2 step R over L, step L in place
3&4 step R to right, step L beside R, step R to right side
5&6 cross L over R, step R in place, step L to left
7&8 cross R over L, step L in place, step R to right

ROCK RECOVER ½ SHUFFLE MAMBO SHUFFLE

1,2 step forward on L, step back on R
3&4 make ¼ left on L, step R beside L, make ¼ left on L
5&6 step forward R, recover back on L, step R beside L
7&8 step back on L, step R beside L, step back on L

BEGIN AGAIN AND ENJOY!!!

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