

# Now & After

拍數: 32      牆數: 2      級數: Beginner  
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音樂: Now and Ever After - Dublin Fair



Intro: 16 counts (into heavy beat)

**Section 1: Brush. Hitch. Cross. Modified Heel Split. Back Rock. Kick Ball Change.**

1-2            Brush right forward. Hitch right knee up.  
3&4           Cross right over left. With Weight on balls of feet swivel right heel to the right and left heel to the left. Swivel both heels back to centre.  
5-6           Rock back on right. Recover onto left.  
7&8           Kick right forward. Step right in place. Step left in place.

**Section 2: Step 1/2 Turn left. Kick Ball Step. Heel Switches. Heel grind 1/4 Turn right.**

1-2            Step forward on right. Turn 1/2 left.  
3&4           Kick right forward. Step right in place. Step Forward on left.  
5&6&          Put right heel forward. Step right beside left. Put left heel forward. Step left beside right.  
7-8           With weight on right heel fan toe from left to right turning 1/4 right. Take weight on left foot.

**Section 3: Right Sailor Step. Left Sailor Step. Toe. Unwind 3/4 right. Step forward. Hold & Clap Twice.**

1&2           Step right foot behind left foot. Step left to left side. Step right foot in place.  
3&4           Step left foot behind right foot. Step right to right side. Step left foot in place.  
5-6           Put right toe back. Unwind 3/4 right.  
7&8           Step forward on left. Hold and Clap your hands twice.

**Section 4: Right Chasse .Back Rock. Left Chasse. Back Rock.**

1&2           Step right to right. Close left beside right. Step right to right.  
3-4           Rock back on left. Recover onto right.  
5&6           Step left to left. Close right beside left. Step left to left.  
7-8           Rock back on right. Recover onto left.

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