

# Lam Doo la Khik (Nandu Nocturne)

COPPERKNOB  
STEPPERS

拍數: 64      牆數: 2      級數: Improver  
編舞者: R.C (TW) - September 2015  
音樂: Lam Doo la Khik by Feng Fei Fei



**Intro: 48 Counts (starts on vocal)**

## Section 1: BOX (SIDE - FWD)

1 - 4      L-side, R-together, L-forward, hold  
5 - 8      R-side, L-together, R-back, hold

## Section 2: SIDE SHUFFLE $\frac{1}{4}$ L, STEP PIVOT $\frac{1}{4}$ L CROSS, SIDE BEHIND

1 - 3      L-side, R-together,  $\frac{1}{4}$  L L-forward  
4 - 6      R-forward, pivot  $\frac{1}{4}$  L, R-cross  
7 - 8      L-side, R-behind

## Section 3: NIGHTCLUB (L/R)

1 - 4      L-big side, hold, R-rock behind, L-recover  
5 - 8      R-big side, hold, L-rock behind, R-recover

## Section 4: $\frac{1}{4}$ L FWD LOCK SHUFFLE, FWD LOCK SHUFFLE, STEP PIVOT $\frac{1}{4}$ R

1 - 3       $\frac{1}{4}$  L L-forward, R-lock behind, L-forward  
4 - 6      R-forward, L-lock behind, R-forward  
7 - 8      L-forward, pivot  $\frac{1}{4}$  R

## Section 5: CROSS SHUFFLE HOLD, BACK( $\frac{1}{4}$ L) SIDE( $\frac{1}{4}$ L) CROSS HOLD

1 - 4      L-cross, R-side, L-cross, hold  
5 - 8       $\frac{1}{4}$  L R-back,  $\frac{1}{4}$  L L-side, R-cross, hold

## Section 6: BOX (SIDE - FWD)

1 - 4      L-side, R-together, L-forward, hold  
5 - 8      R-side, L-together, R-back, hold

## Section 7: NIGHTCLUB (L/R)

1 - 4      L-big side, hold, R-rock behind, L-recover  
5 - 8      R-big side, hold, L-rock behind, R-recover

## Section 8: FWD SHUFFLE, STEP PIVOT $\frac{1}{2}$ L, FWD SHUFFLE

1 - 3      L-forward, R-together, L-forward  
4 - 5      R-forward, pivot  $\frac{1}{2}$  L  
6 - 8      R-forward, L-together, R-forward

**REPEAT**

**RESTART:** The 2nd wall after 40 counts (6:00) & 5th wall after 8 counts (6:00) Restart the dance.

Contact: [ch\\_easy@hotmail.com](mailto:ch_easy@hotmail.com)