

Lam Doo la Khik (Nandu Nocturne)

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Improver
編舞者: R.C (TW) - September 2015
音樂: Lam Doo la Khik by Feng Fei Fei



Intro: 48 Counts (starts on vocal)

Section 1: BOX (SIDE - FWD)

1 - 4 L-side, R-together, L-forward, hold
5 - 8 R-side, L-together, R-back, hold

Section 2: SIDE SHUFFLE $\frac{1}{4}$ L, STEP PIVOT $\frac{1}{4}$ L CROSS, SIDE BEHIND

1 - 3 L-side, R-together, $\frac{1}{4}$ L L-forward
4 - 6 R-forward, pivot $\frac{1}{4}$ L, R-cross
7 - 8 L-side, R-behind

Section 3: NIGHTCLUB (L/R)

1 - 4 L-big side, hold, R-rock behind, L-recover
5 - 8 R-big side, hold, L-rock behind, R-recover

Section 4: $\frac{1}{4}$ L FWD LOCK SHUFFLE, FWD LOCK SHUFFLE, STEP PIVOT $\frac{1}{4}$ R

1 - 3 $\frac{1}{4}$ L L-forward, R-lock behind, L-forward
4 - 6 R-forward, L-lock behind, R-forward
7 - 8 L-forward, pivot $\frac{1}{4}$ R

Section 5: CROSS SHUFFLE HOLD, BACK($\frac{1}{4}$ L) SIDE($\frac{1}{4}$ L) CROSS HOLD

1 - 4 L-cross, R-side, L-cross, hold
5 - 8 $\frac{1}{4}$ L R-back, $\frac{1}{4}$ L L-side, R-cross, hold

Section 6: BOX (SIDE - FWD)

1 - 4 L-side, R-together, L-forward, hold
5 - 8 R-side, L-together, R-back, hold

Section 7: NIGHTCLUB (L/R)

1 - 4 L-big side, hold, R-rock behind, L-recover
5 - 8 R-big side, hold, L-rock behind, R-recover

Section 8: FWD SHUFFLE, STEP PIVOT $\frac{1}{2}$ L, FWD SHUFFLE

1 - 3 L-forward, R-together, L-forward
4 - 5 R-forward, pivot $\frac{1}{2}$ L
6 - 8 R-forward, L-together, R-forward

REPEAT

RESTART: The 2nd wall after 40 counts (6:00) & 5th wall after 8 counts (6:00) Restart the dance.

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