

Shakin' That Sugar

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Lisa M. Johns-Grose (USA) - September 2015
音樂: Gotta Get Me One of Them - Soul Circus Cowboys



**** TAG at the end of walls 4, 7, 9

#8 ct. SHAKIN' THAT SUGAR

SHUFFLE R SIDE- ROCK L- REC R- SHUFFLE L SIDE - ROCK BACK R 1/4 TURN R- REC L

1&2 Shuffle to right side right, left, right
3-4 Rock back left, recover right
5&6 Shuffle to left side left, right, left
7-8 Rock back right making 1/4 turn right, recover left

SHUFFLE R FWD- ROCK L FWD- REC R-L COASTER- WALK R-L

1&2 Shuffle forward right, left, right
3-4 Rock forward left, recover right
5&6 Step left back, step right next to left, step forward left
7-8 Walk forward right, left

R SHUFFLE FWD- PIVOT ½ R- L SHUFFLE FWD- PIVOT ¼ L

1&2 Shuffle forward right, left, right
3-4 Step forward left, pivot ½ turn right
5&6 Shuffle forward left, right, left
7-8 Step right forward, pivot ¼ turn left

R JAZZ CROSS – STEP R DIAG. FWD – DRAG L – STEP L DIAG. FWD – DRAG R

1-4 Step right across left, step back on left, step right to right, step left across right
5-6 Step right diagonally forward, drag left to meet right
7-8 Step left diagonally forward, drag right to meet left

***TAG (SHAKIN' THAT SUGAR)

1-4 Bump hips right twice, bump hips left twice
5-8 Roll hips counterclockwise for 2 cts, twice

Option for 5-8 (PICK YOUR LAST 4 CTS AND HAVE FUN SHAKIN' THAT SUGAR)

5-8 Bump hips right twice, bump hips left twice

OR

5-8 Bump hips right, left, right, left

Begin Again!

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