

Eleni

拍數: 42 牆數: 4 級數: Improver / Intermediate
編舞者: Martie Papendorf (SA) - September 2015
音樂: Eleni (Edit) - Tol & Tol : (Album: Tol & Tol, Db)



Start on vocals

S1: FWD, ROCK, RECOVER, LOCKSTEP BACK, SWEEP STEP BACK R, L, BEHIND, SIDE, CROSS

1,2,3 Step R across L, Rock L to left diagonal, Recover R back,
4&5 Step L back, Lock R across L, Step L back,
6,7 Sweep and step R back, Sweep and step L back,
8&1 Cross R behind L squaring up to 12.00, Step L to left side, Step R across L [12.00]

S2: ROCK OUT, RECOVER, SAMBA ¼ LEFT, STEP, PIVOT ¼ LEFT, CROSS

2,3 Rock L to left side, Recover R to right side,
4&5 Step L across R, Step R back making a ¼ turn left, Step L to left side, [9.00]
6,7,8 Step R fwd, Make a pivot turn ¼ left, Step R across L [6.00]

S3: SIDE, SWEEP, BEHIND, SIDE, CROSS, ROCK OUT, RECOVER, CROSS SHUFFLE

1,2 Step L to left side, Sweep R out,
3&4 Cross R behind L, Step L to left side, Step R across L,
5,6 Rock L out, Recover R to right side,
7&8 Step L across R, Step R to right side, Step L across R [6.00]

S4: FWD, TOGETHER, DIP, UP, COASTER STEP

1,2 Step R fwd to diagonal, Step L next to R,
3,4 Dip both knees, Straighten knees extending R fwd off the ground,

RESTART here adding 4 counts.

5&6 Step R back, Step L next to R, Step R fwd [7.30]

S5: ROCK FWD, RECOVER, TRIPLE ½ LEFT, 2 x PIVOT ½ LEFT

1,2 Rock L to right diagonal, Recover R back, [7.30]
3&4 Make triple turn ½ left stepping L, R, L, [1.30]
5,6 Step R fwd, Make a pivot turn ½ left [weight to L], [7.30]
7,8 Step R fwd, Make a pivot turn ½ left [weight to L] [1.30]

S6: CROSS, BACK, SIDE, FWD

1,2 Step R across L to square up right to 3.00, Step L back [3.00]
3,4 Step R to right side, Step L fwd [3.00]

START AGAIN

RESTART:

Add 4 counts after count 4 of section 4 on "instrumental" wall 3, facing 1.30 and squaring up to right [3.00] to Restart wall 4 and "instrumental" wall 4, facing 11.30 squaring up to right [12.00] to Restart wall 5.

1,2,3,4 Rock R back, Recover L fwd, Step 2 small steps fwd R, L

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