

Dance with Derek

拍數: 48 牆數: 4 級數: Improver
編舞者: Audrey Watson (SCO) - September 2015
音樂: Shut Up and Dance With Me - Derek Ryan : (iTunes)



Intro: 8 Counts

S1. STEP ½ TURN KICK, COASTER STEP, WALK WALK, SHUFFLE.

1-2 Step fwd on right, pivot ½ left kicking left foot fwd. Weight remains on right foot.
3&4 Step left back, step right next left, step fwd on left.
5-6 Walk fwd on right, walk fwd on left.
7&8 Step fwd on right, close left next right, step fwd on right.

S2. CROSS ROCK, CHASSE, CROSS ROCK, CHASSE ¼ TURN.

1-2 Cross rock left over right, recover back on right.
3&4 Step left to left side, close right next left, step left to left side.
5-6 Cross right over left, recover back on left.
7&8 Step right to right side, close left next right, turn ¼ right stepping fwd on right.

S3. KICK BALL POINT & POINT HOLD, SAILOR STEP, BACK ROCK.

1&2 Kick left foot fwd, step down on left, point right toe to right side.
&3-4 Step right next left, point left toe to left side, hold for a beat.
5&6 Step left behind right, step right to right side, step left to left side.
7-8 Rock back on right, recover fwd on left.

S4. FULL TURNING VINE.

1-2 Step right to right side, step left behind right.
3-4 Turn ¼ right stepping fwd on right, step fwd on left.
5-6 Pivot ½ turn right, turn ¼ right stepping left to left side.
7-8 Step right behind left, step left to left side.

Restart the dance from beginning during Wall 7

S5. STEP SCUFF, CROSS BACK, SIDE, CROSS ROCK, SIDE.

1-2 Step fwd on right, scuff left foot fwd.
3-4 Cross left over right, step back on right.
5-6 Step left to left side, cross rock right over left.
7-8 Recover back on left, step right to right side.

Restart: Change step 8 in section 5 to Point right to right side during Wall 3. Restart from the beginning.

S6. CROSS ½ TURN SCUFF, ROCKING CHAIR.

1-2 Cross left over right, turn ¼ left stepping back on right.
3-4 Turn ¼ left stepping left to left side, scuff right foot fwd.
5-6 Rock fwd on right, recover back on left.
7-8 Rock back on right, recover fwd on left.