

Balada Boa-Eze

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Beginner / Improver
編舞者: Sue Mallion & Dave Mallion - August 2015
音樂: 'Balada Boa' (Hits Dance Club) – DJ Team



#48 count intro - Part A – 32 counts :: Part B – 32 counts

PART A

A1: VINE RIGHT, VINE LEFT

1-2 Step right foot to right side, cross left behind right
3-4 Step right foot to right side, touch left beside right
5-6 Step left foot to left side, cross right behind left
7-8 Step left foot to left side, touch right beside left

A2: RIGHT LOCK STEP AND TOUCH, LEFT LOCK STEP AND TOUCH

1-3 Step right forward, lock left behind right, step right forward
4 Touch left beside right
5-7 Step left forward, lock right behind left, step left forward
8 Touch right beside left

A3: MONTEREY QUARTER TURN, TWICE

1-4 Point right to right side, ¼ turn onto right (putting weight onto it), left point out to side, step left beside right
5-8 Repeat steps 1-4

A4: CHASSE RIGHT, BACK ROCK, CHASSE LEFT, BACK ROCK

1&2 Step right to right side, step left beside right, step right to right side
3-4 Rock back diagonally on left behind right, recover weight onto right
5&6 Step left to left side, step right beside left, step left to left side
7-8 Rock back diagonally on right, recover weight onto left

PART B

B1: WALK RIGHT DIAGONAL FORWARD AND KICK, RECOVER BACK

1-3 Walk diagonal forward right, left, right to right corner
4 Kick left foot forward
5-7 Walk diagonal back left, right and left
8 Touch right foot beside left

B2: WALK LEFT DIAGONAL FORWARD AND KICK, RECOVER BACK

1-3 Walk diagonal forward right, left, right to left corner
4 Kick left foot forward
5-7 Walk diagonal back left, right and left
8 Touch right foot beside left

B3: STEP POINT, STEP POINT, JAZZ BOX QUARTER RIGHT

1-2 Step forward right, point left foot diagonally forward
3-4 Step forward left, point right diagonally forward
5-8 Cross right over left, step left back, step right to side turning a quarter, step left beside right.

B4: STEP POINT, STEP POINT, JAZZ BOX QUARTER RIGHT

1-2 Step forward right, point left foot diagonally forward
3-4 Step forward left, point right diagonally forward
5-8 Cross right over left, step left back, step right to side turning a quarter, step left beside right.

DANCE SEQUENCE:□□

Start after 48 counts, A B A A B A A B A A B A*

* Finish with 1st 16 counts of part A

Alternate finish; 1st 12 counts of part A, followed by rock forward on left, half turn left, stomp right, stomp left and spreading arms.

Contact: sue.mallion@outlook.com
