

# Malam Bainai (Sumatra Barat)

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拍數: 32      牆數: 4      級數: Beginner Cha Cha  
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音樂: Malam Bainai - Indonesian Folksongs



**Intro: 64 count (Free style)**

## **I. □ STEP FORWARD, STEP BEHIND, FORWARD LOCK SHUFFLE, ROCK FORWARD, RECOVER, ½ TURN WITH SHUFFLE**

1 , 2            Step R forward, step L behind R  
3&4            Step R forward, step L behind R, step R forward  
5 , 6            Rock forward on L, recover on R  
7&8            ¼ turn left step L to left side, step R together, ¼ turn left step R forward

## **II. □ STEP FORWARD, STEP BEHIND, FORWARD LOCK SHUFFLE, ROCK FORWARD, RECOVER, ¼ TURN, CHASSE**

1 , 2            Step R forward, step L behind R  
3&4            Step R forward, step L behind R, step R forward  
5 , 6            Rock forward on L, recover on R  
7&8            ¼ turn left chasse on L-R-L

## **III. □ STEP FORWARD, POINT TOUCH TO SIDE, ROCK FORWARD RECOVER, ½ TURN SHUFFLE.**

1 , 2            Step R forward, point touch L to left side  
3 , 4            Step L forward, point touch R to right side  
5 , 6            Rock R forward, recover on L  
7&8            ½ turn right shuffle on R-L-R.

## **IV. □ ROCKING CHAIR, PIVOT ½ TURN, SHUFFLE FORWARD**

1 , 2            Rock L forward, recover on R  
3 , 4            Rock L back, recover on R  
5 , 6            Rock L forward, ½ turn right step on R  
7&8            Shuffle forward on L-R-L.

**START AGAIN**

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