

Cha Cha D'amour (親密愛人) (zh)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
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音樂: My Cherie Amour - Rod Stewart : (CD: Soulbook)



前奏 : 32 count intro 32拍後起跳

- 第一段** **R Forward, L Forward Rock & Recover, L Back Lock, R Back Rock & Recover, R Side Rock Cross**
前踏, 下沉 回復, 後鎖步, 後下沉 回復, 曼波交叉
- 1-3 Step R forward, rock L forward, recover weight on R
右足前踏, 左足前下沉, 右足回復
- 4&5 Step L back, lock R over L, step L back
左足後踏, 右足於左足前鎖踏, 左足後踏
- 6-7 Rock R back, recover weight on L
右足後下沉, 左足回復
- 8&1 Rock R side, recover weight on L, cross step R over L
右足右下沉, 左足回復, 右足於左足前交叉踏
- 第二段** **½ R Hinge, Walk Forward 3, L Touch, R Back & L Drag Together, L Coaster Step 右鍊轉1/2, 前走三次, 點, 後帶拖併, 海岸步**
- 2&3 Turning ¼ right step L back, turning ¼ right step R side, step L forward (6 o'clock)
右轉90度左足後踏, 右轉90度右足右踏, 左足前踏(面向6點鐘)
- 4-7 Step R forward, step L forward, touch R behind L, step R back & drag L towards R 右足前踏, 左足前踏, 右足於左足後點, 右足後踏左足拖併
- 8&1 Step L back, step R together, step L forward
左足後踏, 右足併踏, 左足前踏
- 第三段** **R Cross Step, L Side Point, L Cross Step, Syncopated R ¼ Pivot & Cross, L Side Rock & Recover, L Together, R Forward**
交叉 點 交叉, 踏 1/4 交叉, 側下沉 回復 併 踏
- 2-4 Cross step R forward over L, point L side, cross step L forward over R 右足於左足前交叉踏, 左足左點, 左足於右足前交叉踏
- 5&6 Step R forward, pivot ¼ left, cross step R over L (3 o'clock)
右足前踏, 左軸轉90度, 右足於左足前交叉踏(面向3點鐘)
- 7-8&1 Rock L side, recover weight on R, step L together, step R forward
左足左下沉, 右足回復, 左足併踏, 右足前踏
- 第四段** **L Forward Rock & Recover, L Back Lock Step, L Coaster, Hold, Walk Forward X2 下沉回復, 後鎖步, 海岸步, 候, 前走二次**
- 2& L cross rock, recover weight on R
左足於右足前交叉下沉, 右足回復
- 3& Step L back, R lock 左足後踏, 右足於左足前鎖踏
- 4&5-6 Step L back, step R together, step L forward, hold
左足後踏, 右足併踏, 左足前踏, 候
- 7-8 Step R forward, step L forward (with style)
右足前踏, 左足前踏

NB: When executing counts 26-30 please take small steps as the music is peppy but the steps hit the accents in the music
26-30拍配合活潑的音樂節拍以小步伐舞動
