

Shine

COPPER **KNOB**
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Annemaree Sleeth (AUS) - September 2015
音樂: Shine - Years & Years : (Album: Communion)



Note to teachers : I have quickened my own music by +5%
OR you can use version Danny L Hearle Remix version which is even quicker

Intro from Heavy Beat is 16 start just before "I Remember " - Dance Rotates CCW

SECT 1 [1 – 8] STOMP R SIDE, HOLD, & SIDE , TOUCH, STOMP L SIDE, HOLD, & L SIDE , TOUCH

1 – 2 Step Big Step/Stomp R Side, Hold (Hands from crossed in front to sides on Stomps)
& 3 4 Step L Together, Step R Side . Touch L Together
5 – 6 Step Big Step/Stomp L Side, Hold
& 7 8 Step L Side, Touch L Together (Snap Fingers on Touches)

SECT 2 [9 – 16] R CROSS SAMBA, L CROSS SAMBA, ROCK R, RECOVER ¾ TRIPLE R

1 & 2 Cross R Over L, Rock L Side, Recover R (Arms out to sides on Cross Sambas)
3 & 4 Cross L Over R, Rock R Side, Recover L * Change step for Restart)
5 – 6 Rock R Forward, Recover L
7 & 8 ¾ turn R triple, R, L, R (9.00)

Tag & Restart happens on 5th wall & 14th wall f 12.00 Dance 12 counts
Dance Tag : R Cross Samba, L Cross, Touch R then Restart to front again
Details on End Of Sheet

SECT 3 [17 – 24] L SIDE, RECOVER , L CROSS SHUFFLE, R SIDE, RECOVER, R CROSS SHUFFLE (Travelling Forward)

1 – 2 Rock L Side, Recover R
3 & 4 Cross L Over R, Step R Side, Cross L Over R
5 – 6 Rock R Side, Recover R
7 & 8 Cross R Over R, Step L Side, Cross R Over R

SECT 4 [25 – 32] L SIDE, RECOVER, L BACK SAILOR, R BACK SAILOR (SAILORS TRAVEL BACK) TOE ½ UNWIND

1 – 2 Rock L Side, Recover R
3 & 4 Step L Back Behind R, Step R Side, Step L Side
5 & 6 Step R Back Behind L, Step L Side, Step R Side
7 – 8 Touch Toe L Back Behind R , ½ unwind L, Drop L Heel 3.00

NOTE: Tag & Restart on 5th & 14th wall will look like this
(Alter Section 2)

SECT 2 [9 – 16] R CROSS SAMBA, L CROSS SAMBA,

1 & 2 Cross R Over L, Rock L Side, Recover R (Arms out to sides on Cross Sambas)
3 & 4 Cross L Over R, Rock R Side, Recover L * Change step for Restart)

TAG R CROSS SAMBA, L CROSS TOUCH

5 & 6 Cross R Over L, Rock L Side, Recover R
7 – 8 Cross L Over R, Touch R Together, Stomp R Side to end drag L up to R Arms In The Air

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