Dong Tian Li De Yi Ba Hao



拍數: 148 編數: 1 級數: Phrased Intermediate

編舞者: Jennifer Jou (TW) - September 2015

音樂: "Dong Tian Li De Yi Ba Huo" by Jhang Liang Ying



Introduction: 32 counts

Sequence: Intro / A / B / Intro / A / B(32) / Intro / C / B / Intro / C(33-52)

Note: For a clearer picture of the hand movements, do watch our video in youtube. □

[[[Intro Dance 32 counts]]]

Sec int1: KICK, KICK, SAILOR STEP, KICK, KICK, SAILOR STEP

1-2 Cross kick RF over LF, kick RF forward to right diagonal

3&4 Cross step RF behind LF, step LF to left side, step RF in place

5-6 Cross kick LF over RF, kick LF forward to left diagonal

7&8 Cross step LF behind RF, step RF to right side, step LF in place

Sec int2: FORWARD, PIVOT 1/2 TURN LEFT, SHUFFLE FORWARD, ROCK, RECOVER, COASTER

1-2 Step RF forward, make 1/2 turn left keeping weight onto LF (6:00)

3&4 Step RF forward, step LF next to RF, step RF forward

5-6 Rock LF forward, recover onto RF

7&8 Step LF back, step RF next to LF, step LF forward

Sec int3: KICK, KICK, SAILOR STEP, KICK, KICK, SAILOR STEP

Repeat Sec 1

Sec int4: FORWARD, PIVOT 1/2 TURN LEFT, SHUFFLE FORWARD, ROCK, RECOVER, COASTER

Repeat Sec 2 (12:00)

[[[Part A 48counts]]]

Sec A1: CHASSE RIGHT, BEHIND, RECOVER, SIDE, SWAY * 4

1&2 Step RF to right side, step LF together, step RF to right side

3-4 Rock LF behind RF, recover onto RF

5-8 Rock LF to left side swaying to the left, sway to the right, sway to the left, sway to the right

Sec A2: CHASSE LEFT, BEHIND, RECOVER, SIDE, SWAY * 4

1&2 Step LF to left side, step RF together, step LF to left side

3-4 Rock RF behind LF, recover onto LF

5-8 Rock RF to right side swaying to the right, sway to the left, sway to the right, sway to the left

Sec A3: (3 WALKS FORWARD, 1/2 TURN LEFT) * 2

1-4 Walk 3 steps forward(R-L-R), make 1/2 turn left keeping weight onto LF (6:00)
5-8 Walk 3 steps forward(R-L-R), make 1/2 turn left keeping weight onto LF (12:00)

Sec A4: HIP BUMPS RIGHT, HIP BUMPS LEFT

1-4 Step RF to right side and bump hips right 4 times5-8 Recover weight onto LF and bump hips left 4 times

Sec A5: FORWARD TOE STRUT * 4

Touch right toe forward, step down on RF, touch left toe forward, step down on LF Touch right toe forward, step down on RF, touch left toe forward, step down on LF

Sec A6: POINT, TOGETHER, POINT, TOGETHER, POINT, HOLD, 1/4 TURN RIGHT, SIDE, POINT, 1/2

TURN LEFT, SIDE, POINT

1&2& Point RF to right side, step RF next to LF, point LF to left side, step LF next to RF

3-4 point RF to right side, hold

5-6 Make 1/4 turn right stepping down on RF, point LF to left side tossing with right hand (3:00)

7-8 Make 1/2 turn left stepping down on LF, point RF to right side tossing with left hand (9:00)

[[[Part B 48 counts]]]

Sec B1: CHASSE RIGHT, BEHIND, RECOVER, SIDE, SWAY * 4

Repeat Sec 1 of Part A

Sec B2: CHASSE LEFT, BEHIND, RECOVER, SIDE, SWAY * 4

Repeat Sec 2 fo Part A

Sec B3: CHASSE RIGHT, BEHIND, RECOVER, SIDE, SWAY * 4

Repeat Sec 1 of Part A

Sec B4: CHASSE LEFT, BEHIND, RECOVER, SIDE, SWAY * 4

Repeat Sec 2 fo Part A

Sec B5: SIDE, POINT RIGHT HAND UP, SIDE, POINT RIGHT HAND LEFT

1-4 Step RF to right side, point right hand up for 3 counts

5-8 Step LF to left side, point right hand to left side turning head toward 9:00

Sec B6: SIDE, POINT RIGHT HAND RIGHT, TOGETHER ROLLING HIPS

1-4 Step RF to right side, point right hand to right side turning head toward 3:00

5-8 Make 1/4 turn right stepping LF next to RF, bend down knees, hold, straighten up legs

[[[Part C 52 counts]]]

Sec C1: CROSS, HOLD, CROSS, HOLD, 1/4 TURN LEFT, LARGE SIDE STEP, DRAG, TOUCH

1-4 Cross step RF over LF, hold, cross step LF over RF, hold

5-8 Make 1/4 turn left taking a large step to right side on RF, drag LF toward RF, touch RF

beside LF (9:00)

Sec C2: LUNGE, RECOVER, SIDE, HOLD, 1/4 TURN LEFT, SAILOR STEP HOLD

1-4 Lunge RF over LF, recover on LF, step RF to right side, hold

5-8 Make 1/4 turn left and cross step LF behind RF, step RF to right side, step LF forward, hold

(6:00)

Sec C3: CROSS, HOLD, CROSS, HOLD, 1/4 TURN LEFT, ROCK, RECOVER, DRAG, TOUCH

Repeat Sec 1 (3:00)

Sec C4: LUNGE, RECOVER, LARGE SIDE STEP, DRAG, 1/4 TURN LEFT,

SAILOR STEP

Repeat Sec 2 (12:00)

Sec C5: (1/4 TURN LEFT, SIDE, TOUCH, 1/4 TURN LEFT, FORWARD, TOUCH) * 2

1-4 Make 1/4 turn left stepping RF to right side, touch LF next to RF, make 1/4 turn left stepping

LF forward, touch RF next to LF (6:00)

5-8 Make 1/4 turn left stepping RF to right side, touch LF next to RF, make 1/4 turn left stepping

LF forward, touch RF next to LF (12:00)

Sec C6: OUT, OUT, IN, IN, FULL TURN RIGHT

1-4 Step RF out to right diagonal, step LF out to left diagonal, step RF back, close LF next to RF

Make a full turn right with the following steps in 4 counts.

5&6& Step RF forward, step LF behind RF, step RF forward, step LF behind RF

7&8 Step RF forward, step LF behind RF, step RF forward

Sec C7: FULL TURN LEFT

Make a full turn left with the following steps in 4 counts.

1&2& Step LF forward, step RF behind LF, step LF forward, step RF behind LF

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