

# Before I Fall

**COPPER KNOB**  
STEPSHEETS

拍數: 64                      牆數: 2                      級數: Improver  
編舞者: Jo Woods (USA) - September 2015  
音樂: Before I Fall - The Storys : (Album: Luck)



**Intro: 16 counts, start on lyrics**

**S1: R SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, FORWARD, TOUCH**

1-4                      Step R to R side, touch L to R, step L to L side, touch R to L  
5-8                      Step R to R side, step L next to R, step R forward, touch L to R

**S2: L SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, FORWARD, BRUSH**

1-4                      Step L to L side, touch R to L, step R to R side, touch L to R  
5-8                      Step L to L side, step R next to L, step L forward, brush R forward

**S3: R ROCKING CHAIR, STEP, ¼ TURN L, CROSS, HOLD**

1-4                      Rock forward on R, recover onto L, rock back on R, recover on to L  
5-8                      Step R forward, pivot ¼ turn L, cross R over L, hold

**S4: L WEAVE, SIDE ROCK, RECOVER, BACK ROCK, RECOVER**

1-4                      Step L to L side, cross R behind L, step L to L side, cross R over left  
5-8                      Rock L to L side, recover onto R, rock L back, recover onto R

**S5: L LOCK STEP, BRUSH, STEP ½ TURN L, STEP FWD, HOLD**

1-4                      Step L forward, lock R behind L, step L forward, brush R forward  
5-8                      Step R forward, pivot ½ turn L, step R forward, hold

**S6: ½ TURN R, TOUCH, ½ TURN R, BRUSH, L LOCK STEP**

1-4                      ½ turn R stepping back on L, touch R to L, ½ turn R stepping forward on L, brush L forward  
**(Easier option: Step L forward, touch R to L, step R forward, brush L forward)**  
5-8                      Step L forward, lock R behind L, step L forward, brush R forward

**S7: STEP R FORWARD, TOUCH BACK, STEP BACK, TOUCH, R BACK LOCK STEP, HOLD**

1-4                      Step R forward, touch L behind R, step L back, touch R to L  
5-8                      Step R back, lock L over R, Step R back, hold

**S8: L COASTER STEP, HOLD, JAZZ BOX, ¼ TURN, CROSS**

1-4                      Step L back, step R to L, step L forward, hold  
5-8                      Cross R over L, step L back making ¼ turn R, step R to R side, cross L over R (6.00)

**TAG 1 (8 counts): End of wall 4 facing (12.00)**

**R SIDE ROCK, CROSS, HOLD, L SIDE ROCK, CROSS, HOLD,**

1-4                      Step R to R side, recover on L, cross R over L, hold  
5-8                      Step L to L side, recover on R, cross L over R, hold

**TAG 2 (16 counts): End of wall 5 facing (6.00)**

**R SIDE ROCK, CROSS, HOLD, L SIDE ROCK, CROSS, HOLD,  
STEP, ½ TURN L, STEP FWD, HOLD, STEP, ½ TURN R, STEP FWD, HOLD**

1-4                      Step R to R side, recover on L, cross R over L, hold  
5-8                      Step L to L side, recover on R, cross L over R, hold  
9-12                      Step R forward, pivot ½ turn L, step R forward, hold  
13-16                      Step L forward, pivot ½ turn R, step L forward, hold

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