# **New Thang**



編舞者: Sobrielo Philip Gene (SG), Rebecca Lee (MY) & Raymond Sarlemijn (NL) -

September 2015

音樂: New Thang - Redfoo



Phrasing Sequence : AB AAAB AAAA(Tag)B

Start dance after 16counts

#### PART A - 32 counts

SA1: Walk, Wal	k. Pivot ½ Turn	. Step. Full Tu	rn Point. Cros	s Shuffle

1-2 Walk forward R, Walk forward L

3&4 Step R Forward, Pivot ½ turn L, Step R Forward

5&6 Making ½ turn L step L back, Making ½ turn R step R forward, Point L to L

7&8 Cross L over R, Step R to R, Cross L over R

## SA2: ½ Turn Sweep Step, Sweep Step, Rock Hitch, Heel Switches, Long Step Forward Together

1,2 Making ½ turn L step R back sweeping L back, Step L back sweeping R back

3&4& Rock R back and hitching L, Rock L forward, Rock R back and hitching L, Rock L forward

5&6& Bring R heel forward, Step R beside L, Bring L heel forward, Step L beside R

7,8 Step R long step forward, Step L beside R

### SA3: Side Steps Right (with knee pops), Side Steps Left (with knee pops)

Step R to R on ball of both feet and pop both knees out,

Step L next to R on ball of both feet and close knees

Step R to R on ball of both feet and pop both knees out

Step L next to R on ball of both feet and close knees

Step R to R on ball of both feet and pop both knees out,

Step R to R on ball of both feet and close knees

Step R to R on ball of both feet and pop both knees out

Step R to R on ball of both feet and pop both knees out

Step R to R on ball of both feet and close knees

(Repeat the step to L 5&6&7&8&)

#### SA4: Forward Rock, Side Rock, Back Rock, Behind Side Cross, Diagonal Kick, Out, Out

1& Rock R over L, recover weight on L2& Rock R to R, recover weight on L

Rock R behind L, recover weight on L, Step R to R

Step L behind R, Step R to R, Cross R over L

7&8 Kick R diagonally R forward, Step R back, Step L to L (feet apart)

#### PART B - 32 counts

## SB1: Knee Bent, Shoulder/Body Isolation, Step Swing

1 Knee bend in plie position

2,3&4 Push Body to R, Push it R diagonally up with knee slightly straighten, Push body to L, Knee

bend in plie with body back to center

5&6& Step L with R swing to R, Step R with L swing to L, Step L with R swing to R, Step R with L

swing to

7&8 Step L to L, Step R in, Step L beside R

## SB2: Arm Movements, Shoulder Pop, Knee Pops

1	R arm open to R, elbow bent up, wrist at 90' degree, facing away from head
2	L arm open to L, elbow bent up, wrist at 90' degree, facing away from head

3 Lower RL beside the hip, elbow straight, wrist stay at 90', facing out

&4	Shoulder pop up and down		
5&6&	Knee pop forward R,L,R,L with shoulder pop forward R,L,R,L, and slightly bend forward		
7&8	Knee pop forward R,L,R□with shoulder pop forward R,L,R and slowly recover the body up		
SB3: Full Paddle Turn with hip bump			
1&2&	Step R to R with hip bump to R, hip bump L, 1/8 Turn L step R with hip bump R, hip bump L		
3&4&	1/8 turn L step R with hip bump, hip bump L, 1/8 turn L with hip bump R, hip bump L		
5&6&	1/8 turn L step R with hip bump, hip bump L, 1/8 turn L with hip bump R, hip bump L		
7&8	1/8 turn L step R with hip bump, hip bump L, 1/8 turn L step R to R		
SB4: Step Touches, Step, Arm Movements			
1&	Step R diagonally R (angle body toward L), Touch L beside R		
2&	Step L diagonally L (angle body toward R), Touch R beside L		
3&	Step R diagonally R (angle body toward L), Touch L beside R		
4	Step L to L		
5&	Punch R arm down toward R thigh, Punch L arm down toward L thigh (feet stay apart)		
6&	Punch R arm down toward R hip, Punch L arm down toward L thigh (feet stay apart)		
7&	Place R hand to R waistline, Place L hand to L waistline (feet stay apart)		
8&	Pop chest forward and recover (feet stay apart)		
Tag			
1-4	Feet Apart reverse Body Roll over 4counts		

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