

# Silver Lining

拍數: 96      牆數: 4      級數: Phrased Improver  
編舞者: Peter Stang (DE) - August 2015  
音樂: My Silver Lining - First Aid Kit



Starts after 16 counts

Seq: (A), A, A, Tag, B, C, A, 2xTag, B, C, C, Tag, 3xTag (Make a ¼ Step turn to L instead of Kickball Change)  
(A) = A from count 17 to 32

## Part A – 32 counts

### A[1- 8] □ 2x Walk (RF, LF), Kickball Change, Sync. Weave

1, 2      Walk RF forward, Walk LF forward  
3&4      Kick RF forward, RF next to LF, Step LF in place  
5, 6      Cross RF over LF, Step LF to L  
7&8      Cross RF behind LF, Step LF to L, Cross RF over LF

### A[9–16] □ Side rock, Cross Shuffle, Side Rock, Sailor Turn (1/4)

1, 2      Step LF to L, Recover to R  
3&4      Cross LF over RF, Step RF to R, Cross LF over RF  
5, 6      Step RF to R, Recover to L  
7&8      Cross RF behind, make ¼ turn, Step LF to L, Step RF forward

### A[17–24] 2x Walk (LF, RF), Kickball Change, Sync. Weave

1, 2      Walk LF forward, Walk RF forward  
3&4      Kick LF forward, LF next to RF, Step RF in place  
5, 6      Cross LF over RF, Step RF to R  
7&8      Cross LF behind RF, Step RF to R, Cross LF over RF

### A[25–32] Side Rock, Cross Shuffle, Side Rock, Behind Side Turn (1/4)

1, 2      Step RF to R, Recover to L  
3&4      Cross RF over LF, Step LF to L, Cross RF over LF  
5, 6      Step LF to L, Recover to R  
7&8      Cross LF behind R, Step RF to R, Turn ¼ to R, Step LF forward

## Part B – 32 counts

### B[1–8] □ Lock Shuffle, Rock Step, Lock Shuffle Back, Back Rock

1&2      Step RF forward, Step LF behind RF, Step RF forward  
3, 4      Step LF forward, Recover back to RF  
5&6      Step LF back, Cross RF over LF, Step LF back  
7, 8      Step RF back, Recover back to LF

### B[9–16] □ Lock shuffle, Step Turn ½, Lock shuffle, Rock Step □

1&2      Step RF forward, Step LF behind RF, Step RF forward  
3, 4      Step LF forward, Turn ½ to R  
5&6      Step LF forward, Step RF behind LF, Step LF forward  
7, 8      Step RF forward, Recover back to LF

### B[17–24] □ Lock Shuffle Back, Back Rock, Lock Shuffle, Step Turn ½

1&2      Step RF backwards, Cross LF over RF, Step RF backwards  
3, 4      Step LF backwards, Recover to RF  
5&6      Step LF forward, RF behind LF, Step LF forward  
7, 8      Step RF forward, Turn ½ to L

**B[25–32] □ Samba Rock R, Hold, Samba Rock L, Hold**

- 1, 2            Cross RF over LF, Recover to LF
- 3, 4            Step RF to R, Hold
- 5, 6            Cross LF over RF, Recover to RF
- 7, 8            Step LF to L, Hold

**Part C – 32 counts****C[1– 8] □ Side Step (4x), Triple Turn, Touch**

- 1, 2            Step RF to R, Step LF next to R
- 3, 4            Step RF to R, Step LF next to R
- 5, 6            Step RF forward turn  $\frac{1}{4}$  to R, Turn  $\frac{1}{2}$  to R while stepping LF backward
- 7, 8            Step RF to R while turning  $\frac{1}{4}$  to R, Touch LF next to RF

**C[9–16] Triple Turn, Touch, Rock Step, Coaster Step**

- 1, 2            Step LF forward turn  $\frac{1}{4}$  to L, Turn  $\frac{1}{2}$  to L while stepping RF backward
- 3, 4            Step LF to L while turning  $\frac{1}{4}$  to L, Touch RF next to LF
- 5, 6            Step RF forward, Recover to LF
- 7&8            Step RF backwards, Step LF next to RF, Step RF forward

**C[17–24] Side Step (4x), Triple Turn, Touch**

- 1, 2            Step LF to L, Step RF next to L
- 3, 4            Step LF to L, Step RF next to L
- 5, 6            Step LF forward turn  $\frac{1}{4}$  to L, Turn  $\frac{1}{2}$  to L while stepping RF backward
- 7, 8            Step LF to L while turning  $\frac{1}{4}$  to L, Touch RF next to LF

**C[25–32] Triple Turn, Touch, Rock Step, Coaster Step**

- 1, 2            Step RF forward turn  $\frac{1}{4}$  to R, Turn  $\frac{1}{2}$  to R while stepping LF backward
- 3, 4            Step RF to R while turning  $\frac{1}{4}$  to R, Touch LF next to RF
- 5, 6            Step LF forward, recover to RF
- 7&8            Step LF backwards, Step RF next to LF, Step LF forward

**Tag****[1– 8] □ Jazz Triangle, 2x Walk (R, L), Kickball Change**

- 1, 2            Cross RF over LF, Step LF back
  - 3, 4            Step RF to R, Close LF to RF
  - 5, 6            Step RF forward, Step LF forward
  - 7&8            Kick RF forward, RF next to LF, Step LF in place
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