

Get Stupid

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate / Advanced
編舞者: Lorraine Turner (AUS) - August 2015
音樂: Get Stupid - Aston Merrygold



Starting On The Word "BAD"

CROSS ROCK L OVER R - CROSS ROCK R OVER L - DOROTHYS ON L THEN R

1&2 Cross L over R - Rock back on R - Step L to L side
3&4 Cross R over L - Rock back on L - Step R to R side++++
5,6,& Step L fwd - R behind L - Step L fwd
7,8 Step R fwd - L behind R

L 45 - R 45 - POINT L TOE TO L SIDE - POINT R TOE TO R SIDE - STEPPING R FOOT BACK DO 1&1/4 TRIPLE STEP TURNING R (facing 3 o'clock)

1&2 Do L 45 - Then R 45 - Place R foot
3&4 Point L toe to L side - Bring L to meet R - Point R toe to R side
5&6 Step back on R foot - turning ½ turn R - Do a Triple step
7&8 Keep turning ¾ turn to R - Triple step - Facing 3 o'clock

SMALL BACK LOCKS ON R FOOT THEN L - SYNCOPATED STEPS (R 45 - PLACE R FOOT - TOUCH L - LIFT R - PLACE R) - (L 45 - PLACE L FOOT - TOUCH R TOE BESIDE L)

1&2 Step back on R - Cross L over R - Back on R
3&4 Step back on L - Cross R over L - Back on L
5&6& R 45, Bring R back and Place it, Touch L toe, Lift R, Place R foot (SYNCOPATED STEPS)
7&8 L 45, Bring L back and Place it, Touch R toe beside L " "

(keeping weight on R toe) SYNCOPATED STEPS **** (LIFT L FOOT AND REPLACE IT, KICK R FOOT FWD - PLACE R TOE (keeping weight on R toe) LIFT L FOOT AND REPLACE IT - (placing weight on R foot) KICK L FOOT FWD, PLACE L TOE - (keeping weight on L toe) LIFT R FOOT AND REPLACE IT**** - SHIFT WEIGHT ONTO L FOOT - PLACING R OVER L, DO 3/4 UNWIND TURN TO THE L - L KICK BALL CHAIN

&1&2 (keeping weight on R toe) Lift L foot & Replace it - Kick R foot fwd (syncopated steps)
&3&4 (placing weight on R foot) Kick L foot fwd - Place L toe (keeping weight on L toe), Lift R foot, Replace it (syncopated steps)
&5,6 Place weight onto L foot - Placing R over L do ½ unwind turn L
7&8 Kick L foot fwd, Place L toe on floor - Lift R foot - Replace R foot (facing 6 o'clock)

[32] Count: Start Again

TAGS on the END of Walls 2 – 6 & 9

Wall 2 & 6 :- L over R – ½ Unwind R - Kick Ball Change - R over L ½ Unwind L – Kick Ball Change - L 45 – R 45 – L 45 – Stomp L foot – Start Again

Wall 9 :- L over R - ½ Unwind R - Kick Ball Change - R over L ½ Unwind L - Kick Ball Change - L 45 – R 45 – L 45 - Stomp L foot - Plus the first 4 steps to +++++ - Start Again.

ENDING: Leave off the Kick Ball Change and Unwind L over R to face the front.

Contact ~ Ph: 0400395278