

Non, Non, Non!

拍數: 48 牆數: 2 級數: Easy Intermediate
編舞者: Vincent Dijks - Versteegh (NL) - September 2015
音樂: Non Non Non (Radio Mix) - Lolita Jolie : (Album: Non Non Non)



Start after 32 counts on vocals

S1: Rock Fwd Recover, Coaster, Rock Fwd Recover, Shuffle ½ Turn L

1 RF □ rock forward
2 LF □ recover
3 RF □ step back
& LF □ close
4 RF □ step forward

option 3&4: Triple Full Turn R

5 LF □ rock forward
6 RF □ recover
7 LF □ ½ left, step forward
& RV □ step beside
8 LF □ step forward [6]

S2: Diagonal Fwd, Behind, & Heel & Cross, ¼ turn R x2, Shuffle Fwd

1 RF □ step diag. right forward
2 LF □ cross behind
& RF □ close
3 LV □ dig heel forward
& LF □ close
4 RF □ cross over
5 LF □ ¼ right, step back
6 RF □ ¼ right, step side
7 LF □ step forward
& RF □ step beside
8 LV □ step forward [12] *

S3: ¼ Turn R Cross Shuffle, ½ Turn L Cross Shuffle, Side Rock Recover, Behind Side Cross

1 RF □ ¼ right, cross over
& LF □ step side
2 RF □ cross over
3 LF □ ½ left, cross over
& RF □ step side
4 LF □ cross over
5 RF □ rock side
6 LF □ recover
7 RF □ cross behind
& LF □ step side
8 RV □ cross over [9]

S4: Side, Close, Shuffle Fwd (x2)

1 LF □ step side
2 RF □ close
3 LF □ step forward
& RF □ step beside
4 LF □ step forward

- 5 RF□step side
- 6 LF□close
- 7 RF□step forward
- & LF□step beside
- 8 RF□step forward [9]

S5: Rock Fwd Recover, Coaster, Pivot ¼ Turn L, Shuffle Fwd

- 1 LF□rock forward
- 2 RF□recover
- 3 LF□step back
- & RF□close
- 4 LF□step forward
- 5 RF□step forward
- 6 R+L□¼ turn left
- 7 RF□step forward
- & LF□step beside
- 8 RF□step forward [6]

S6: Rock Fwd Recover, Coaster, Jazzbox

- 1 LF□rock forward
- 2 RF□recover
- 3 LF□step back
- & RF□close
- 4 LF□step forward **
- 5 RF□cross over
- 6 LF□step back
- 7 RF□step side
- 8 LF□step forward [6]

Start again

Restart: Dance the 4th wall up to and including count 16 (count 8 of the 2nd section) and start again

****Ending: Dance the last wall up to and including count 44 (count 4 of the 6th section) and end with:**

- 5 RF□step side [12]

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