

Nah Nah

拍數: 48 牆數: 2 級數: Improver
編舞者: Betty Moses (USA) - August 2015
音樂: Honey, I'm Good - Andy Grammer



Intro: Start after 16

[1-8] □ Heel Tap/Heel Tap, Right Coaster Step, Heel Tap/Heel Tap, Left Coaster Step

1-2 Tap R heel forward, Tap R heel forward
3&4 Step R back, Step L next to R, Step R forward
5-6 Tap L heel forward, Tap L heel forward
7&8 Step L back, Step R next to L, Step L forward

[9-16] □ Rock Forward/Recover, Trip Half Turn, Rock Forward Recover, Coaster Cross

1-2 Rock forward on R, Recover weight on L
3&4 Triple step on the R turning 1/2 right □(6:00)
5-6 Rock forward on the L, Recover weight on R
7&8 Left coaster cross - Step back on L, Step R next to L, Cross L over R

[17-24] □ Side/Behind, Triple Step, Side/Behind, Triple Step

1-2 Step R to side, Step L behind R
3&4 Triple in place R-L-R
5-6 Step L to side, Step R behind L
7&8 Triple in place L-R-L

[25-32] □ Touch Right Forward-Side, ¼ Turn Sailor Step, Touch Left Forward-Side, ¼ Turn Sailor Step

1-2 Touch R forward, Touch R to the side (or kick forward/kick side)
3&4 Right sailor step turning ¼ right □(9:00)
5-6 Touch L forward, Touch L to the side (or kick forward/kick side)
7&8 Left sailor step turning ¼ left □(6:00)

[33-40] □ Toe Strut, Toe Strut, ½ Pivot Turn, Walk-Walk

1-4 Step R toe forward, Drop R heel, Step L toe forward, Drop L heel
5-6 Step R forward, Pivot ½ left □(12:00)
7-8 Step forward on R, Step forward on L

[41-48] □ Toe Strut, Toe Strut, ½ Pivot Turn, Walk-Walk

1-4 Step R toe forward, Drop R heel, Step L toe forward, Drop L heel
5-6 Step R forward, Pivot ½ left □(6:00)
7-8 Step forward on R, Step forward on L

TAG: Danced every time you end facing front wall (At the end of walls 2, 4 and 6)

[1-16] □ Repeat Counts 33-40 and Counts 41-48

END: To end the dace at the front wall: Dance counts 41-46, Step forward on R (47), ½ Pivot turn (&), Step forward on R (48)

HAPPY DANCING

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