

Lean On

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Nicky Tan (MY) - August 2015
音樂: Lean On (feat. MØ) - Major Lazer & DJ Snake



Intro starts after 16 (2x8) counts.

Section 1: R Side, Rock Back Recover, L Side, Rock Back, Recover, Toe Struts R then L

1&2 Step RF to right, Rock LF behind RF, Recover on RF
3&4 Step LF to left, Rock RF behind LF, Recover on LF
56 Touch RF forward, Step RF in place (Styling : Hip bump to right)
78 Touch LF forward, Step LF in place (Styling : Hip bump to left) (12:00)

Section 2 : ¼ L Side Rock, Recover, Back Rock, Recover & Repeat set, Out Out Coaster Step

1& Turn ¼ L & Rock RF to right, Recover on LF (9:00)
2& Rock RF back, Recover on LF
3& Repeat 1& (6:00)
4& Repeat 2&
56 Step RF diagonally forward, Step LF to left
78 Step RF back, Step LF together (6:00)

Section 3 : Bota Fogo, Touch Forward, Step Together, Touch Back, Step Together

1&2 Cross RF over LF, Rock LF to side, Recover on RF
3&4 Cross LF over RF, Rock RF to side, Recover on LF
56 Touch RF forward, Step RF beside LF
78 Touch LF back, Step LF beside RF (6:00)

Section 4 : Cross & Cross, ¾ R Cross Shuffle, Press Step Right then Left

1&2 Cross RF over LF, Step LF behind RF, Cross RF over LF
3& Turn ¼ L & Step LF forward, Turn ¼ L & Step RF behind LF, Turn (12:00)
4 Turn ¼ L & Step LF forward (9:00)
56 Press step RF to side, Step RF beside LF
78 Press step LF to side, Step LF beside RF (9:00)

Tag : At Wall 7 (6:00) then, restart dance.

12 Step RF diagonally forward, Step LF to left
34 Step RF back, Step LF together
5678 Sway body RLRL

Dance end at front wall, do Tag for ending pose ^^