

She's The Most

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Improver
編舞者: Carrie Ann Green (ES) - August 2015
音樂: She's The Most - Dick Brave & The Backbeat : (iTunes)



Alt track: Original track by 'The Five Keys'

#16 Count Intro – start on vocals. No Tags, No Restarts

Section 1: POINT OUT IN OUT, HOLD, BEHIND, SIDE, CROSS, HOLD

1 – 4 Point right to right side, Touch right next to left, Point right to right side, Hold,
5 – 8 Cross right behind left, Step left to left side, Step right across left, Hold

Section 2: POINT OUT IN OUT, HOLD, BEHIND, SIDE, CROSS, HOLD

1 – 4 Point left to left side, Touch left next to right, Point left to left side, Hold,
5 – 8 Cross left behind right, Step right to right side, Step left across right, Hold

Section 3: MONTEREY ¼ TURN RIGHT X 2 □

1 - 4 Touch right to right Side. On ball of left make ¼ turn right, stepping right beside left. Touch
left to left side. Step left beside right. (3.00)
5 – 8 Touch right to right Side. On ball of left make ¼ turn right, stepping right beside left. Touch
left to left side. Step left beside right. (6.00)

Section 4: R STOMP HOLD, L STOMP HOLD, R KICK X2, STEP BACK, HOOK L

1 – 4 Stomp Right forward diagonal, Hold. Stomp Left forward diagonal, Hold
5 - 6 Kick Right forward x 2
7 – 8 Step Back on Right, Hook Left Toe across Right

Section 5: LEFT LOCK STEP FORWARD, BRUSH. STEP PIVOT ½ LEFT, STEP FORWARD HOLD

1 – 4 Step left forward. Lock right behind left, Step left forward. Brush right forward
5 – 8 Step forward on right, make ½ turn left (12.00) Step forward on right, Hold (Weight on R)

Section 6: RUN FORWARD L,R,L TOUCH RIGHT. SIDE TOUCH, SIDE TOUCH

1 – 4 Run forward left, Right, Left. Touch Right next to Left
5 – 6 Step right to right side, touch left at side of right.
7 – 8 Step left to left side, touch right at side of left

Section 7: RUMBA BOX RIGHT, HOLD, RUMBA BOX LEFT, HOLD

1 – 4 Step right to right side, step left next to right, step right fwd, Hold
5 – 8 Step left to left side, step right next to left, step back on left, Hold

Section 8: ROCK BACK RECOVER, ½ TURN LEFT, SWEEP, SAILOR STEP WITH HOLD

1 – 2 Rock back on right, recover weight on Left
3 – 4 Half turn Left stepping back on Right, Sweep Left from front to back (6.00)
5 – 8 Cross Left behind Right. Step Right beside Left. Step Left to Left side. Hold.

Dance finishes on Wall 6, end of Section 3 (Monterey's) Facing front wall

Enjoy !!

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'Dedicated to Danny Daniel for your 50th Birthday'

