

# I Feel Good

拍數: 64      牆數: 1      級數: Intermediate  
編舞者: Roberto Bresciani (IT) - August 2015  
音樂: It Feels Good - Drake White



## Start dancing on lyrics

### S1: ROCK, RECOVER, JAZZ BOX TURN ¼ RIGHT

1-2            Rock right forward, recover to left  
3-4            Rock right to side, recover to left  
5-6            Cross right over left, step left back  
7-8            Step turn right (1/4) to side, step left slightly forward

### S2: ROCK, RECOVER, JAZZ BOX TURN ¼ RIGHT

1-2            Rock right forward, recover to left  
3-4            Rock right to side, recover to left  
5-6            Cross right over left, step left back  
7-8            Step turn right (1/4) to side, step left slightly forward

### S3: STEP, POINT, SHUFFLE BACK, COASTER STEP, STEP, STOMP UP

1-2            Step right forward, touch left toe next to right  
3&4            Shuffle back left, right, left  
5&6            Step right back, step left together, step right forward  
7-8            Step left forward, stomp up right next to left

### S4: TOUCH, CLAP TWICE, SIDE SWITCHES, CLAP TWICE, HEEL HOOK

1&2            Touch right to side, clap twice  
&3&4           Step right together, touch left to side, step left together, touch right to side  
&5&6           Step right together, touch left to side, clap twice  
&7-8           Step left together, touch right heel forward, hook right over left foot

### S5: LOCKSTEP, SCUFF, LOCKSTEP, SCUFF

1-2            Step forward on right, cross left behind right  
3-4            Step forward on right, scuff left  
5-6            Step forward on left, cross right behind left  
7-8            Step forward on left, scuff right

### S6: PIVOT TWICE (1/8 LEFT), VAUDEVILLE

1-2            Step right forward, turn 1/8 left  
3-4            Step right forward, turn 1/8 left  
5&6            Cross right over left and step left to side, touch right heel diagonally  
&7&8           Step right together, cross left over right and step right to the side, touch left heel diagonally

### S7: STOMP, SLOW TURN (1/4 LEFT), STOMP, SLOW TURN (1/4 LEFT)

&1-4           Stomp right (big step) forward, bounce heels 3 times as you make 1/4 turn left  
5-8            Stomp right (big step) forward, bounce heels 3 times as you make 1/4 turn left

### S8: BRUSH, HOOK, BRUSH, SLAP, CROSS SHUFFLE, ROCK, STEP, FULL TURN

1&2&           Brush and kick right forward, brush back and hook right over left foot, brush and kick right forward, slap right  
3&4            crossing chasse right, left, right  
5&6            rock left forward, recover to right, step turn ½ left  
7-8            full turn right, left

**RESTART: at the end of the first 16 count at wall 3**

**TAG: after the first RESTART**

**STOMP, CLAP TWICE, STOMP, CLAP TWICE, STOMP, CLAP TWICE, STOMP, CLAP TWICE**

1&2 Stomp right, clap twice

3&4 Stomp left, clap twice

5&6 Stomp right, clap twice

7&8 Stomp left, clap twice

**ROCK, COASTER STEP, ROCK COASTER STEP**

1&2 Rock right forward, recover left

3&4 Step right back, step left together, step right forward

5&6 Rock left forward, recover right

7&8 Step left back, step right together, step left forward

**RESTART**

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