

Rosa's Heart

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jan Wyllie (AUS) - August 2015
音樂: In Rosa's Heart by Steiner Albrigtsen - 128 bpm



#16 count intro

Thanks to Henrico from The Netherlands for this lovely song.

Bump L Hips Fwd Back Step Fwd Touch Step Back Touch Step Back Touch

1,2,3,4 Bump L hips fwd back, Step L fwd towards left diagonal, Touch R beside L
5,6 Step back on R towards back right diagonal, Touch L beside R
7,8 Step back on L towards back left diagonal, Touch R beside L

Bump R Hips Fwd Back Step Fwd Touch Step Back Touch Step Back Touch

9,10,11,12 Bump R hips fwd back, Step R fwd to right diagonal, Touch L beside R
13,14 Step back on L towards back left diagonal, Touch R beside L
15,16 Step back on R towards back right diagonal, Touch L beside R

Step Lock Step Touch 1/4 Back Lock Back Kick

17,18,19,20 Step fwd on L, Lock/step R behind L, Step fwd on L, Touch R behind L
21,22,23,24 Making 1/4 left step back on R, Lock/step L across R, Step back on R, Kick L fwd

Back Together Fwd Hold Walk Fwd RL Stomp Kick

25,26,27,28 Step back on L, Step R beside L, Step fwd on L, Hold
29,30,31,32 Walk fwd R L. Stomp R beside L, Kick R to right diagonal

Weave: Behind Side Across Side Behind Side Cross Rock Recover

33,34,35,36 Step R behind L, Step L to left, Step R across L, Step L to left
37,38,39,40 Step R behind L, Step L to left, Cross/rock R over L, Recover on L

1/4 Fwd Hold Step Pivot 1/4 Step Fwd Hold Step Pivot 1/4

41,42,43,44 Making 1/4 right step fwd on R, Hold, Step fwd on L, Pivot 1/4 right (wt R)
45,46,47,48 Step fwd on L, Hold, Step fwd on R, Pivot 1/4 left (wt L)

Rock Fwd Recover 1/2 Shuffle Step Pivot 1/2 Step Fwd Hold

49,50,51,52 Rock/step fwd on R, Recover back on L, Making 1/2 right shuffle fwd RLR
53,54,55,56 Step fwd on L, Pivot 1/2 right (wt R), Step fwd on L, Hold

Step Pivot 1/4 Step Pivot 1/4 Rock Fwd Recover Step Back Touch

57,58,59,60 Step fwd on R, Pivot 1/4 left (wt L), Step fwd on R, Pivot 1/4 left (wt L)
61,62,63,64 Rock/step fwd on R, Recover back on L, Step back on R, Touch L beside R

Written for the Maroochydore Workshop in August 2015, this dance is quite easy in spite of the 'intermediate level' Label and it has No Tags Or Restarts to clutter it up.

It is a smooth song and I hope the dance reflects that.

Love the feel of it ... and hope you do too.

See you on the floor sometime.... Jan

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