

Supersexually

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Katja Østerby (DK) - August 2015
音樂: Supersexual - Blue : (Album: One Love 2002)



Start On Lyrics (Approx. 20 Sec)

Walk back x2 with heel grinds, sailor step, behind side cross, side rock $\frac{1}{4}$ □□

1-2 Walk back R as L toe fans out to L (1), Walk back L as R toe fans out to R (2)
3&4 Cross R behind L (3), Step L to L side (&), Step R to R side (4)
5&6 Cross L behind R (5), Step R to R side (&), Cross L over R (6)
7-8 Rock R to R side (7) Recover onto L making $\frac{1}{4}$ turn over L (8)

Step fwd, full turn, fwd rock, lock step back, back rock, side rock□□□

1&2 Step R fwd (1), $\frac{1}{2}$ turn over R stepping L back (&), $\frac{1}{2}$ turn over R stepping R fwd (2)
3-4 Rock L fwd (3), Recover onto R (4)
5&6 Step L back (5), Lock R over L (&), Step L back (6)
7& Rock R back (7), Recover onto L (&)
8& Rock R to R side (8), Recover onto L (&)*T*

Cross, side rock, behind side cross sweep, cross point, unwind $\frac{1}{2}$, step back□□

1-2-3 Cross R over L (1), Rock L to L side (2) Recover onto R (3)
4&5 Cross L behind R (4), Step R to R side (&), Cross L over R sweeping R back to front(5)
6-7-8 point R over L (6), Unwind $\frac{1}{2}$ over L taking weight onto R (7), Step L back (8)

$\frac{1}{2}$, $\frac{1}{2}$, $\frac{1}{4}$, cross, scissor step, side step, sway x2□□□□

1-2 $\frac{1}{2}$ turn over R stepping R fwd (1), $\frac{1}{2}$ turn over R stepping L back (2)
3-4 $\frac{1}{4}$ turn over R stepping R to R side (3), Cross L in front of R (4)
&5-6 Step R to R side (&) Step L next to R (5), Cross R over L (6)
7-8& Step L to L side (7), Sway hips R taking weight on R(8), Sway hips L taking weight on L(&)

Tag: 16 counts, happens after wall 1 and wall 3 facing 6 o'clock both times

Walk back x4 with heel grinds, sailor step, touch behind, unwind $\frac{1}{2}$ □□□

1-2 Walk back R as L toe fans out to L (1), Walk back L as R toe fans out to R (2)
3-4 Walk back R as L toe fans out to L (3), Walk back L as R toe fans out to R (4)
5&6 Cross R behind L (5), Step L to L side (&), Step R to R side (6)
7-8 Touch L behind R (7), Unwind $\frac{1}{2}$ over L taking weight onto L (8)

Repeat Counts 1-8

T The Tag happens once more in the middle of wall 5, after 16 counts, you're facing 9 o'clock do counts 1-14 then:

Touch behind, unwind $\frac{1}{4}$ □□□□□

7-8 Touch L behind R (7), Unwind $\frac{1}{4}$ over L taking weight onto L (8) (you will start the dance again facing 12 o'clock)

Ending: The music starts to fade out during wall 8, do counts 1-22 then:

Unwind $\frac{1}{4}$ turn, step back□□□□□

7-8 Unwind $\frac{1}{4}$ over L taking weight onto R (7), Step L back (8)

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