Storms Never Last

拍數: 64

級數: Intermediate

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音樂: Storms Never Last - Dr. Hook

#16 count intro

FORWARD ROCK.TRIPLE STEP, TOUCH ½ UNWIND, CROSS ROCK SIDE.

- 1 2 step forward on left, recover on right
- 3&4 step left beside right, step right beside left, step left beside right
- 5 6 touch right behind left heel, 1/2 unwind right, (weight on right)
- 7&8 cross left over right, recover on right, step left to left side

BACK, DRAG, FORWARD SHUFFLE X 2

(facing left diagonal)

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1 - 2	large step back on right, drag left toe, to right instep
3&4	step forward on left, step right beside left, step forward on left
(facing 6:00)	
5 - 6	large step back on right, drag left toe to right instep, (weight on right)
7&8	step forward on left, step right beside left, step forward on left

FORWARD ROCK, ¼ TRIPLE, FORWARD ROCK, ½ SAILOR TURN

1 - 2	step forward on right, recover on left
3&4	1/4 turn right, stepping, right, left, right, (on the spot)
5 - 6	step forward on left, recover on right
7&8	step left behind right, 1/2 turn left, small step right to right side, step forward on left

RONDE, HOLD, ROCK BACK STEP, ½ TURN, TOGETHER, HOLD, ROCK BACK, ¼ TURN, STEP FORWARD.

(weight on left)

- 1 2 with right, ronde, from back, to front, touch to left instep, hold
- 3&4 rock back on right, recover on left, step forward on right
- 5 6 (on the ball of right) 1/2 turn right, close left beside right, hold
- rock back on left, recover on right, 1/4 turn left, step forward on left 7&8

CROSS POINT, CROSS SHUFFLE, ½ RONDE, BACK ROCK, STEP FORWARD.

- 1 2 cross right over left, point left to left side
- 3&4 cross left over right, small step right to right side, cross left over right, (weight on left)
- 5 6 (on the ball of left) ¹/₂ turn left, with right, ronde, from back, to front, touch left instep
- 7&8 rock back on right, recover on left, step forward on right.

WALKS FORWARD X 2, SIDE ROCK CROSS, WALKS FORWARD X 2, SIDE ROCK, ¼ TURN, CROSS.

- 1 2 walk forward on left, walk forward on right
- 3&4 rock left to left side, recover on right, cross left over right
- 5 6 walk forward on right, walk forward on left
- 7&8 rock right to right side, 1/4 turn recover on left, cross right over left

SIDE ROCK, CROSS SHUFFLE, ½ MONTEREY MODIFIED, FORWARD SHUFFLE.

- 1 2 rock left to left side, recover on right
- 3&4 cross left over right, small step right to right side, cross left over right
- 5 6 touch right to right side, (on the ball of left) ¹/₂ turn right, step right beside left

(weight on right)

7&8 step forward on left, step right beside left, step forward on left





牆數: 4

1/4 PIVOT, CROSS SHUFFLE, 3/4 UNWIND, FORWARD SHUFFLE

- 1 2 step forward on right, ¼ pivot turn left, (weight on left)
- 3&4 cross right over left, small step left to left side cross right over left
- 5 6 cross left over right, ³/₄ unwind right, (keep weight on left)
- 7&8 step forward on right, step left beside right, step forward on right