

Bad Habits

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Anne Herd (AUS) - August 2015
音樂: Bad Habits - Billy Field : (CD: Best Of: You Weren't In Love With Me - iTunes - 3:27)



Intro: Start on lyrics 8 beats in weight on L – CW – No Tags/Restarts

S1: FORWARD AND BACK TOUCHES (K step)

1-2-3-4 Step R forward on the diagonal, Touch L beside R, Step L back on the diagonal, Touch R
 □beside L
5-6-7-8 Step R back on the diagonal, Touch L beside R, Step L forward on the diagonal, Touch R
 □beside L

S2: STEP KICK, STEP TOUCHES

1-2-3-4 Step R to side, Kick L across in front of R, Step L to side, Kick R across in front of L
5-6-7-8 Step R to side, Touch L beside R, Step L to side, Touch R beside L

(Styling: Use jazz hands as you do kicks)

S3: VINE RIGHT, VINE LEFT, ¼ TURN, SCUFF

1-2-3-4 Step R to side, Cross L behind L, Step R to side, Touch L beside R
5-6-7-8 Step L to side, Cross R Behind L, Turn ¼ L stepping forward on L, Scuff R forward (9:00)

S4: ½ TURNING STEP SCUFFS □

1-2-3-4 Step forward on R, Turn ¼ L, Scuff L forward, Step onto L, Scuff R forward,
5-6-7-8 Step forward on R; Turn ¼ L, Scuff L forward. Step forward on L, Scuff R forward

(This is not a tight turn more like making a ½ arc turn as you scuff) (3:00)

S5: CHARLSTON STEPS WITH HOLDS

1-2-3-4 Touch R forward, Hold, Step back on R, Hold
5-6-7-8 Touch L back, Hold, Step forward on L, Hold

S6: REPEAT ABOVE 8 COUNTS

S7: SIDE TOE STRUT, CROSS TOE STRUT, SIDE, HOLD, ROCK. RECOVER

1-2-3-4 On a slight diagonal, Touch R toe to side, Drop heel to floor, Cross L toe over R, Drop heel
 □to floor
5-6-7-8 Step R to side, Hold, Rock back on L, Recover to R

S8: SIDE TOE STRUT, CROSS TOE STRUT, SIDE, HOLD, ROCK. RECOVER

1-2-3-4 On a slight diagonal, Touch L toe to side, Drop heel to floor, Cross R over L, Drop heel to
 □floor,
5-6-7-8 Step L to side, Hold, Rock back on R, recover to L

[64] Begin again

Ending: Dancing section 4 scuff ¾ L to front

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Last Site Update – 4th Sept 2015