

Shine

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Annette Andresen (DK) - August 2015
音樂: Shine - Years & Years



Intro: 16 counts from the beat

There is 1 Restart on wall 3 after count 16 (facing 12:00) with a minor step change.

Sec. 1: Step fwd R, ½ turn Left, ½ turn Left, Back on L, R shuffle back into a back rock recover, ¼ turn R cross shuffle

1 2 3 4 Step forward on R (1), ½ turn left (2), ½ turn left step back on R (3), step back on L (4) -12:00
5 & 6 7 Step back on R (5), step L next to R (&), rock back on L (6), recover on R (7)
8 & 1 Make a ¼ right and cross RF over L (8), step L to side (&), cross R over L (1) (3:00)

Sec. 2: □½ turn left, step R L, anchor step sweep, back sweep, sailor step 1/8 right

2 3 4 Make ½ turn left (2) weight on L, step forward on R (3), step forward on L (4) 9:00
5 & 6 Cross R behind L (5), Step L on place (&), step slightly back on R and sweep L (6)
7 Step back on L and sweep R (7)
8 & 1 Step R behind LF (8), step L beside R (&), step R forward making 1/8 turn right (1) 10:30

Restart the dance here after count 8&1 in sec. 2 - make this step change on the count 1; instead of turning 1/8 right, make ¼ turn right, so that you Restart the dance facing 12.00.

Sec. 3: □Walk L, R, Mambo 1/8 turn left, ball side, ball side, back rock ¼ turn left

2 3 Walk forward on L (2), walk forward on R (3) 10.30
4 & 5 Rock forward on L (4), recover on R (&), 1/8 turn left step L to left side (5) 9:00
& 6 & 7 step R ball next to L (&), step L to left side (6), step R ball next to L (&), step L to left side (7)
8 & 1 Rock back on R (8), recover L (&), step back on R making a ¼ turn left (1) 6:00

Sec 4: □¼ left, ¼ left, 1/8 left back mambo, step lock, step lock step

2 3 step forward on L making a ¼ turn left (2), step R to right side making a ¼ left (3) 12:00
4 & 5 turn 1/8 right step stepping back on L (4), recover R (&), step forward on L (5) 10.30
6 7 Step forward on R (6), lock LF behind R (7)
8&1 Step forward on R (8), lock LF behind R (&), step forward on R (1)

Sec. 5: □Cross back turning 1/8 left, chassé turn ¼ left, step ¼ turn left, jazzbox ¼ right

2 3 Cross L over R (2), step back on R making a 1/8 turn left (3) 9:00
4 & 5 Step L to left side (4), step R close to L (&), step L forward making a ¼ turn left (5) 6.00
6 7 Step forward on R (6), make ¼ turn left (7) weight on L 3.00
8 & 1 Cross R over L (8), step back on L (&), make ¼ turn right step R to right side (1) 6.00

Sec 6: □Cross rock, chassé left, back on R sweep, back on L sweep, sailor step ¼ right

2 3 Cross L over R (2), recover on R (3)
4& 5 Step L to left side (4), step R close to L (&), step L to left side (5)
6 7 Step back on R and sweep L (6), step back on L and sweep R (7)
8 & 1 Step R behind L making a ¼ right (8), step LF beside R (&), step forward on R (1) 9.00

Sec 7: □Rock step, shuffle ½ turn left, step, hold and snap your R fingers, pivot ½ left, step

2 3 Rock forward on L (2), recover on R (3)
4 & 5 ¼ turn left step L to left side (4), step R beside L (&), step forward on L making ¼ turn left (5) 3.00
6 7 Step forward on R (7), Hold (7)
8 1 Turn ½ left (8), step forward on R (1)

Sec 8: □ Step, ½ turn right kick R, coaster step, walk L, turn ½ right, turn ¼ turn left (6:00)

2 3 Step forward on L (2), make a ½ turn right and kick right fwd (3) 3:00

4 & 5 Step back on R (4), step L beside R (&), step forward on R (5)

6 7 Walk forward L (6), turn ½ to the right (7) 9:00

8 Turn ¼ to the left - weight on the L (8) 6:00

Ending: The dance ends at 12.00 after Sec. 2.

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