In Love With A Monster



拍數: 48 牆數: 4 級數: Low Intermediate

編舞者: Malene Jakobsen (DK) - August 2015

音樂: I'm In Love With a Monster - Fifth Harmony: (Single - iTunes)



Dance begins with weight on L - 16 counts from when the beginning, 7 sec. into track – There is 1 Restart on wall 7 after 32 counts, you'll be facing 12.00

[1-8] Fwd., hold, fwd. rock, back, hold, back rock

1-2-3-4 (1) Step fwd. on R, (2) hold, (3) rock fwd. on L, (4) recover onto R 12.00

5-6-7-8 (5) Step back on L, (6) hold, (7) rock back on R, (8) recover onto L 12.00

[9-16] Fwd., 1/2, step, fwd., 1/2, step

1-2-3-4 (1) Step fwd. on R, (2) turn 1/2 L, (3) put weight on L, (4) step fwd. on R 6.00

5-6-7-8 (5) Step fwd. on L, (2) turn 1/2 R, (7) put weight on R, (8) step fwd. on L 12.00

[17-24] Rock, hold, recover, ¼ R, cross with sweep, step, tap behind

1-2-3-4 (1) Rock fwd. on R, (2) hold, (3) recover onto L, (4) turn 1/4 R stepping R to R 3.00

5-6-7-8 (5) Cross L over R, (6) sweep R from back to front, (7) step fwd. on R, (8) tap L behind R

3.00

[25-32] Back with sweep, behind side, cross rock, side, cross

1-2-3-4 (1) Step back on L, (2) sweep R from front to back, (3) cross R behind L, (4) step L to L 3.00

5-6-7-8 (5) Rock R across L, (6) recover onto L, (7) step R to R, (8) cross L over R 3.00

NOTE The only Restart is here, you make the 1/4 turn R and start again from the beginning. You will be facing 12.00 when you Restart the dance

[33-40] 1/4, hold, rock 1/4, cross, hold, side, touch

1-2-3-4 (1) Turn ¼ stepping fwd. on R, (2) hold, (3) rock fwd. on L, (4) recover onto R making 1/4 R

9.00

5-6-7-8 (5) Cross L over R, (6) hold, (7) step R to R, (8) touch L next to R 9.00

[41-48] Side, hold, together, side rock, hold, together, flick

1-2 (1) Step L to L, (2) hold 9.00

3-4-5-6 (3) Step R next to L, (4) rock L to L, (5) recover onto R, (6) hold 9.00

7-8 (7) Step L next to R, (8) flick R back 9.00

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