Cha La La

級數: Intermediate Cha Cha rhythm

拍數: 52

編舞者: Ira Weisburd (USA) - August 2015

牆數: 4

音樂: Sha La La (I Need You) - Rian Ungerer : (Album: Timeless Hits Volume 2)



COPPER KNO

Introduction: 8 counts. Start at approx. 8 seconds. NO TAGS !! NO RESTARTS !!

PART I. (STEP L TO L, STEP R TO R, SYNCOPATED WEAVE 4 TO R; CROSS, RECOVER, SHUFFLE 1/4

- L TURN)
- 1-2 Step L to L, Step R to R
- 3&4& Step L across R, Step R to R, Step L behind R, Step R to R
- 5-6 Step L across R, Recover back onto R
- 7&8 Step L to L, Step—close R beside L, Step L to L (making 1/4 L Turn) (9:00)

PART II. (1/4 PIVOT TURN L, SYNCOPATED WEAVE 4 TO L; CROSS, RECOVER, SHUFFLE 1/4 R TURN)

- 1-2 Step R forward, Pivot 1/4 Turn L onto L (6:00)
- 3&4& Step R across L, Step L to L, Step R behind L, Step L to L
- 5-6 Step R across L, Recover back onto L
- 7&8 Step R to R, Step—close L beside R, Step R to R (making 1/4 R Turn) (9:00)

PART III. (L CHARLESTON STEP, R COASTER STEP; 1/2 PIVOT TURN R, FORWARD SHUFFLE STEP)

- 1-2 Touch L toe forward, Step L back
- 3&4 Step R back, Step-close L beside R, Step R forward
- 5-6 Step L forward, Pivot 1/2 Turn R onto R (3:00)
- 7&8 Step L forward, Step-close R beside L, Step L forward

PART IV. (FORWARD, RECOVER, SHUFFLE STEP BACK; BACK, RECOVER, KICK-BALL CROSS)

- 1-2 Step R forward, Recover back onto L
- 3&4 Step R back, Step-close L beside R, Step R back
- 5-6 Step L back, Recover forward onto R
- 7&8 Kick L, Step L to L, Step R across L

PART V. (SYNCOPATED WEAVE BACK 3 STEPS, BACK, SHUFFLE STEP, CROSS, RECOVER, SIDE, TOGETHER)

- 1&2 Step L back, Step R to R, Step L across R
- 3 Step R back
- 4&5 Step L to L, Step-close R beside L, Step L to L
- 6-7 Step R across L, Recover back onto L
- 8& Step R to R, Step-close L beside R

PART VI. (1/2 R TURN, STEP L TO L, STEP R TO R, SYNCOPATED WEAVE BACK 3 STEPS, BACK, SHUFFLE STEP)

- 1-3 Make 1/2 R Turn onto R (9:00), Step L to L, Step R to R
- 4&5 Step L back, Step R to R, Step L across R
- 6 Step R back
- 7&8 Step L to L, Step-close R beside L, Step L to L

PART VII. (CROSS, RECOVER, SHUFFLE 1/2 R TURN)

- 1-2 Step R across L, Recover back onto L
- 3&4 Step R to R, Step-close L to R, Step R to R making 1/2 Turn R (3:00)

REPEAT DANCE.

NOTE: Wall 6 (3:00), you have just enough music to dance PART I. (1-8) and you will finish facing (12:00)

Contact ~ Email: dancewithira@comcast.net