

Anyone Who Had A Heart

COPPER KNOB
BY STEPHEN

拍數: 24 牆數: 2 級數: Upper Beginner
編舞者: An Admirer - August 2015
音樂: Anyone Who Had a Heart - Cilla Black



Start on music

STEP FORWARD TOUCH, STEP BACK ; ACROSS SIDE, SIDE MAMBO

1 & Step forward L, step R out to side and touch toe (on slight diag.)
2,3 Step back R, swing back L (pendulum motion)
4 & Step L across in front of R, step R to side
5,6 Weight back onto L, recover onto R

STEP SIDE, DRAG BACK & HOOK ; 1/2 PIVOT FORWARD, BACK MAMBO

1 & Wide step L to side, drag R over to L
2,3 Drag R behind L, hook L over R
4 & Step forward L, turning 1/2 left return weight to R
5,6 Step together L, step back R

STEP FORWARD TOUCH, STEP BACK ; STEP FORWARD & ACROSS

1 & Step forward L, step R out to side and touch toe (on slight diag.)
2,3 Step back R, swing back L □ (pendulum motion)
4 & Step forward L, step R to side (on slight diag.)
5,6 Straighten up, step R across in front of L

STEP FORWARD, HITCH, ROCK BACK ; BACK QUICK SWEEP X 4

1 & Step forward L, hitch R up to L (hitch over 2 beats)
2,3 Rock back onto R
4 & Sweep L behind R, sweep R behind L (all shallow sweep motion)
5,6 Sweep L behind R, sweep R behind L “” ””

REPEAT

Contact: ksqs@hotmail.com