

One More Night

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jo Thompson Szymanski (USA) - August 2015
音樂: One More Night - Lee Rocker : (iTunes and Amazon)



[1 – 8] □ WEAVE: CROSS, SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER, 1/4 TURN R, HOLD

- 1 – 4 Cross R over L (1); Step L to left (2); Step R behind L (3); Step L to left (4)
5 – 8 Cross rock R over L (5); Recover onto L (6); Turn 1/4 right stepping R forward (3:00) (7);
 Hold (8)

[9 – 16] □ LOCK STEPS: FORWARD, LOCK, FORWARD, BRUSH, FORWARD, LOCK, FORWARD, BRUSH

- 1 – 4 Step L forward (1); Lock step R behind L (2); Step L forward (3); Brush R forward (4)
5 – 8 Step R forward (5); Lock step L behind R (6); Step R forward (7); Small brush with L (8)

[17 – 24] □ SCISSORS LEFT & RIGHT with 1/4 TURN LEFT, HOLD □

- 1 – 4 Step L to left (1); Step R beside/slightly behind L (2); Cross L over R (3); Hold (4)
5 – 8 Step R to right (5); Turning 1/4 left step L beside R (12:00) (6); Step R forward (7); Hold (8)

[25 – 32] 3/4 CIRCLE LEFT: WALK, WALK, RUN, RUN, RUN, HOP/HITCH

- Note: Counts 25 - 31 will make a smooth 3/4 circle around to the left to end up at 3:00 wall.
1 – 4 Starting the 3/4 circle left: Step L forward (1); Hold (2); Step R forward (3); Hold (4)
5 – 7 Completing the 3/4 circle left: Step L forward (5), Step R forward (6); Step L forward (3:00) (7)
8 Hitch R knee as you hop on L foot with body and R knee angled slightly left (1:30) (8)
Note: Just for fun, on count 32, as you hop, you can say WHOO!

BEGIN AGAIN.

(No Tags – No Restarts)
