

Rockin' Steady

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Terry Pournelle (USA) - August 2015
音樂: Rock Steady - The Whispers



Begin Dancin' on the lyrics

TAP, TAP, TRIPLE IN PLACE

1-2 Tap R toe forward, touch R toe to side
3&4 Triple in place R,L,R
5-6 Tap L toe forward, touch L toe to side
7&8 Triple in place L,R,L

ROCK, RECOVER, ½ TURN TRIPLE, ½ TURN TRIPLE, ROCK RECOVER

1-2 Rock R forward, recover on L
3&4 Turning ½ turn, triple forward R, L, R
5&6 Turning ½ turn, triple forward L, R, L
7-8 Rock back R, recover L

POINT, CROSS OVER, POINT, CROSS OVER, POINT CROSS BEHIND, POINT CROSS BEHIND

1-2 Point R to R side, cross R over L
3-4 Point L to L side, cross L over R
5-6 Point R to R side, cross R behind left
7-8 Point L to L side, cross Left behind R

½ TURN, TRIPLE FORWARD, ¼ TURN CROSS AND CROSS

1-2 Step R forward, turn ½ turn left taking weight on left
3&4 Triple forward R, L, R (6:00)
5-6 Step L forward, turn ¼ turn right taking weight on R
7&8 Cross L over R, step R to R, Cross L over R (9:00)

Repeat

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