

Stripped

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Intermediate NC style
編舞者: John Dembiec (USA) - August 2015
音樂: Strip It Down - Luke Bryan



#16 count intro, start on vocals - No Tags/Restarts

[1-8] □ 2 NIGHTCLUB BASICS, ¼ TURN, ROCK ¼ TURN, WEAVE

1-2& Step R to R, Step L next to R, Cross R over L
3-4& Step L to L, Step R next to L, Cross L over R
5-6& Making ¼ turn R step R forward, Rock L forward, Replace to R making ¼ turn R
7-8& Cross L over R, Step R to R, Step L behind R

[9-16] □ ¼ TURN, STEP, FULL TURN, SWEEPS, ¼ TURN, WEAVE, SWAYS

1-2& Making ¼ turn R step R forward, Step L forward, Make ½ turn R weight to R
3 Make ½ turn R weight to L while sweeping R front to back
4 Step back onto R while sweeping L front to back
5-6& Step L back while sweeping R front to back making ¼ turn R, Step R behind L, Step L to L
7-8& Cross R over L, Step and sway L to L, Sway to R

[17-24] □ SWAY, CROSS BACK BACK (X2), START NIGHTCLUB BOX

1-2& Sway to L, Cross R over L, Step L back
3-4& Step R back diagonal (facing 1:30), Cross, L over R, Step R back
5-6& Step L back diagonal (facing 10:30), At the diagonal walk forward R, L
7 Making 1/8 turn L step R to R (facing 9 o'clock)
8& Making ¼ turn L step L to L, Cross R over L (facing 4:30)

[25-32] □ CONTINUE NIGHTCLUB BOX, STEP, ¼ TURN, JAZZ BOX, ¼ TURN, SIDE STEP

1 Step L forward at diagonal
2& Making 1/8 turn L step R to R (facing 3 o'clock), Making ¼ turn L step L to L
3-4 Step R forward, Rock L forward
5-6& Replace to R making ¼ turn R, Cross L over R, Step R back
7-8& Step L slightly forward, Step R forward, Making ¼ R side rock L to L

REPEAT AND HAVE FUN !!!!!!!

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Last Update - 22nd Sept 2015