

Keep Me Alive

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Graham Mitchell (SCO) - August 2015
音樂: Shine - Years & Years : (Album: Now That's What I Call Music 91 - 3:12)



SECTION 1 (1-8) CROSS POINT, BACK POINT, WALK BACK, TOUCH

1-2 Cross Right over Left, point Left toe to left side
3-4 Step Left behind right, point Right to right side
5-6 walk back Right Left
7-8 Step back Right, Touch left toe in front of right

SECTION 2 (1-8) FORWARD &, BACK TOUCH. LEFT LOCK. LEFT LOCK STEP

1-2 Step forward Left, Touch Right toe behind left
3-4 Step back Right, Touch Left toe in front of Right
5-6 Step forward left, step Right behind left
7&8 Step forward Left, lock Right behind left, Step forward Left

SECTION 3 (1-8) ¼ LEFT TOUCH.KICKBALL CROSS, STEP, SLIDE, COASTER

1-2 Step forward Right making ¼ turn Left, Touch Left beside right
3&4 Kick left foot forward, place left beside right, cross right over left
5-6 Long step left, slide Right beside Left (weight on left)
7&8 Step back Right close Left beside Right, Step forward Right

SECTION 4 (1-8) STEP ½ TURN, FULL TURN, ROCK RECOVER, COASTER

1-2 Step forward left, pivot ½ turn Right
3-4 Make ½ Turn Right stepping back left, make ½ Turn right stepping forward right
5-6 Rock forward Left, recover Right
7&8 Step back Left, close right beside left, step forward left

Ending: wall 10 - unwind ½ turn to face front.
