

Oh Ruby! (喔 露比!) (zh)

COPPER KNOB
BY STEPHEN METZ

拍數: 0 牆數: 4 級數: Intermediate / Advanced
編舞者: Debbie McLaughlin (UK) - 2010年01月
音樂: Ruby Blue - Róisín Murphy : (CD: Ruby Blue)



前奏: After 32 Counts on lyrics 'Why do you make a start..'

Part A A部份

第一段 Side, Sweep, Behind, Shuffle 1/4 Turn, Step 1/4 Turn, Cross Side Behind 踏, 後繞, 後, 追步轉, 踏轉, 交叉側後

- 1-3 Step R to R side, Cross L behind R (sweeping R around), Cross R behind L 右足右踏, 左足於右足後交叉踏
右足繞, 右足於左足後交叉踏
- 4&5 Step L to L, Step R next to L, making 1/4 turn L step forward L (facing 9 o'clock) 左足左踏, 右足併踏, 左轉90
度左足前踏(面向9點鐘)
- 6-7 Step forward R, pivot 1/4 L taking weight onto L (facing 6 o'clock)
右足前踏, 左軸轉90度重心在左足(面向6點鐘)
- 8&1 Cross R over L, Step L to L, Cross R behind L (Sweeping L around anti-clockwise) 右足於左足前交叉踏, 左
足左踏, 右足於左足後交叉踏

第二段 Sweep & Touch, Turn Hitch, Step Pivot Turn, Ball Step 繞後點, 踏 3/8轉抬踏, 踏轉, 併踏

- 2&3 Continue sweeping L around for count 2, step back on L, Touch R in front of L (sitting slightly) 左足後繞, 左
足後踏, 右足於左足呈坐姿前點
- &4 Step forward onto R, Make a 3/8 turn L dragging L toe up to R (facing 2 o'clock diagonal) 右足前踏, 左轉135
度左足趾拖併(面向2點鐘)
- 5-7 Still facing diagonal step forward L, Step forward R, Pivot 1/2 turn L taking weight forward onto L (facing 7
o'clock)
面向斜角左足前踏, 右足前踏, 左軸轉180度重心在左足(面向7點鐘)
- &8 Step R next to L, Step L big step forward towards diagonal
右足併踏, 左足斜前一大步

第三段 Cross Back, Side & Side & Turn Hitch, Ball, Walk Walk 交叉後踏, 側併側併, 踏抬轉, 併, 走走

- 1-2 Squaring up to 9 o'clock wall cross R over L, step back on L
轉正(面向9點鐘)右足於左足前交叉踏, 左足後踏
- 3&4& Travelling slightly backwards towards 2 o'clock diagonal step R to R side, Step L next to R, Step R to R, step
L next to R (you will still be facing 9 o'clock)
(略向後移向2點鐘)右足右踏, 左足併踏, 右足右踏, 左足併踏(面向9點鐘)
- 5-6 Making 1/4 turn R step forward on R, hitch L knee up and spin 1/2 turn R (facing 6 o'clock) 右轉90度右足前
踏, 左膝抬右轉180度(面向6點鐘)
- &7&8 Step L next to R, Walk forward R, L 左足併踏, 前走步-右, 左

第四段 Heel & Drag, Ball Cross, 1/4, 1/2, Rock & Back Turn 踵併拖, 併交叉, 1/4 1/2, 下沉回復後踏轉

- 1&2 Touch R heel forward, Step R next to L, Step L a big step to L side
右足踵前點, 右足併踏, 左足左一大步
- 3&4 Drag R towards L, Step R beside L, Cross L over R
右足拖併, 右足併踏, 左足於右足前交叉踏
- 5-6 Making 1/4 turn L step back on R, making 1/2 turn L step forward L (facing 9 o'clock) 左轉90度右足後踏, 左
轉180度左足前踏(面向9點鐘)
- 7&8& Rock forward onto R, recover back to L, Step back on R, making 1/2 turn L step forward L (end wall facing 3
o'clock)
右足前下沉, 左足回復, 右足後踏, 左轉180度左足前踏(面向3點鐘)

Part B B部份

第一段 Walk, Step 1/2 Turn, Walk, Step 3/4 Turn
走, 踏 轉, 走, 踏 轉3/4

- 1-2 Walk Forward R, Hold 右足前走, 候
3-4 Step forward L, pivot 1/2 turn R taking weight forward on R
左足前踏, 右軸轉180度重心在右足
5-6 Walk forward L, Hold 左足前走, 候
7-8 Step forward R, pivot/unwind 3/4 turn L taking weight on L
右足前踏, 左軸轉270度重心在左足

第二段 Step, Rock, Recover, Back Lock Back, Kick Out Out, Ball Step
踏, 下沉回復, 後鎖步, 踢外外, 併 踏

- 1-3 Step forward on R, Rock forward onto L, recover back onto R
右足前踏, 左足前下沉, 右足回復
4&5 Step back on L, Lock R over L, Step back on L
左足後踏, 右足於左足前鎖踏, 左足後踏
6&7 Kick R forward, Step R out to R side, Step L out to L side
右足前踢, 右足右踏, 左足左踏
&8 Step R foot to centre, Step L big step forward
右足回踏, 左足前一大步

第三段 Repeat above 16 counts again 同第一段

第四段 Repeat above 16 counts again 同第二段

第五段 Step, Rock & Cross, Rock & Cross & Behind & Rock
踏, 曼波交叉, 下沉回復, 藤步 回復

- 1 Step forward R 右足前踏
2&3 Rock L out to L side, Recover weight onto R, Cross L over R
左足於左下沉, 右足回復, 左足於右足前交叉踏
4& Rock R out to R side, Recover weight onto L
右足右下沉, 左足回復
5&6&7 Cross R over L, Step L to L, Cross R behind L, Rock L out to L side, Recover weight onto R
右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏, 左足左下沉, 右足回復

第六段 Sailor Step, Sailor Step, Behind Side Cross Shuffle, & Rock, Back Turn
水手步, 水手步, 後 旁 交叉交換, 1/4下沉回復, 後踏 轉

- 8&1 Cross L behind R, Step R to R side, Step L in place
左足於右足後交叉踏, 右足右踏, 左足踏
2&3 Cross R behind L, Step L to L side, Step R in place
右足於左足後交叉踏, 左足左踏, 右足踏
4&5&6 Cross L behind R, Step R to R side, Cross L over R, Step R to R side, Cross L over R
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏
&7 Making 1/4 R rock forward onto R, Recover weight back onto L
右轉90度右足前下沉, 左足回復
8& Step back on R, making 1/2 turn L step forward L
右足後踏, 左轉180度左足前踏

Note: On the 3rd and 5th repeat of part A, she sings 'STOP...' on the very first count (step R to R side). For styling you can put both hands out to the side of your body, and make the step strong so that it hits the break.

當跳到第三次及第五次A部份時, 會唱到 STOP 剛好跳第1拍右足右踏, 可以把雙手向外伸展, 隨著音樂節奏加強這個舞步的舞動
