

Get It On

COPPER KNOB
STEPSHETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: June Burdett (SA) - August 2015
音樂: Marvin Gaye (feat. Meghan Trainor) - Charlie Puth



Restarts: Walls 3 and 9 see**

SAILOR STEPS, TOE STRUTS WITH HIP BUMPS

1&2 R behind L, L to side (&), R to side.
3&4 L behind R, R to side (&), L to side
5&6 R Toe forward bumping R hip forward, Bump hip back (&), Bump forward hip taking weight on R
7&8 L Toe forward bumping L hip forward, Bump hip back (&), Bump hip forward taking weight on L

ROCK RECOVER, ½ TURN SHUFFLE, ½ TURN SHUFFLE, ROCK RECOVER (12.00)

1-2 Rock R forward, Recover on L
3&4 1/2 turn shuffle over R stepping R, L (&), R (6.00)
5&6 1/2 turn shuffle over R stepping L, R (&), L (12.00)
7-8 Rock back on R, Recover on L

½ TURN SHUFFLE, ½ TURN SHUFFLE, KICK BALL CHANGE, SIDE ROCK, RECOVER

1& 2 1/2 turn shuffle over L stepping R, L (&), R (6.00)
3&4 1/2 turn shuffle over L stepping L, R (&), L (12.00)
5&6 Kick R forward, Ball R, Step on L in place
7-8 Rock R to the side, Recover on L

SAILOR STEPS, TOE STRUTS WITH HIP BUMPS

1&2 R behind L, L to side (&), R to side
3&4 L behind R, R to side (&), L to side
5&6 R Toe forward bumping R hip forward, Bump hip back (&), Bump forward hip taking weight on R
7&8 L Toe forward bumping L hip forward, Bump hip back (&), Bump hip forward taking weight on L

**** RESTART HERE WALL 3 (FACING 3.00) AND WALL 9 (FACING 9.00) ****

½ MONTEREY RIGHT, KICK BALL CHANGE TO DIAGONAL X 2 (6.00)

1- 2 Point Right Toe to side, ½ Turn Right on ball of Left foot, Step Right next to Left with weight
3- 4 Touch Left toe to side, Step Left next to Right with weight. (6.00)
5&6 Kick diagonal (7.30), Ball R, Step L in place
7&8 Kick diagonal (7.30), Ball R, Step L straightening to (6.00)

¼ TURN LEFT , HIP SWAYS, TOE HEEL TOE TWIST, DRAG FOOT IN (3.00)

1-2 Step R forward swiveling 1/8 L, Small rock onto L to the left side continuing to swivel 1/8 L (bending knees while turning and flowing movement , down and up) (3.00)
3-4 Sway hips R , Sway hips L (while still with knees bend)
5-6 L Heel to L, L Toe to L keeping r foot in place whilst straightening body
7-8 L Heel to L, Drag R to L

TOE HEEL TOE TWIST, DRAG FOOT IN, CROSS, SIDE, BEHIND & HEEL

1-2 R Heel to R, R Toe to R keeping L foot in place
3-4 R Heel to R, Drag L to R
5-6 Cross L over R, Step R to side

7&8 Step L behind R, Step R side (&), Dig L heel forward

BALL CROSS, SIDE, SAILOR STEP, STEP, TOGETHER, FORWARD, POINT (3.00)

&1-2 Ball L (&), Cross R over L, Step L to side

3&4 R behind L, L to side (&), R to side

5-6 Step L to side, Step R next to L

7-8 Step forward on L, Point R to side

Thank you so much Alison Johnson XX

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