

# Boatdock

COPPER KNOB  
STEPPED

拍數: 48      牆數: 2      級數: Improver  
編舞者: Jørgen Pedersen - August 2015  
音樂: Boatdock by Men of Distinction



## Start on vocals

### S1: Stomp, Bounce heel x2

1                    Stomp up R forward  
&2&3&4            Lift and drop R heel x 3  
5                    Stomp up L forward  
&6&7&8            Lift and drop L heel x 3 Style:

### S2: Stomp R forward, clap, stomp L forward, clap, Swivel to right

1-2                Stomp R forward, clap  
3-4                Stomp L forward, clap  
5-6                Swivel Both heel to the L, swivel both toes to right  
7-8                Swivel Both heel to the L, swivel both toes to right

### S3: R side shuffle, L back rock step, L side shuffle, R back rock step

1&2                Step R to the R, L beside R, step R to the R  
3-4                Rock back on L foot, recover onto R  
5&6                Step L to the L, R beside R, step L to the L  
7-8                Rock back on R foot, recover onto L

### S4: ¼ Monterey x 2

1-2                point R to R, ¼ turn R and step R beside L  
3-4                point L to L, Step L beside R  
5-6                point R to R, ¼ turn R and step R beside L  
7-8                point L to L, Step L beside R

### S5: side rock, sailor cross x2

1-2                rock R to R, recover on L  
3&4                Cross R behind L, step L to L, cross R over L  
5-6                rock L to L, recover on R  
7&8                Cross L behind R, step R to R, cross L over R

### S6: slow military pivot x 2

1-2                step R forward, Hold  
3-4                step R forward, Hold  
5-6                step R forward, Hold  
7-8                step R forward, Hold

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