

If I Had The Chance

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Nathan Gardiner (SCO) - August 2015
音樂: I Do - Only The Young



Intro: 8 counts start on vocals

S1: STEP RIGHT, HOLD, BALL STEP, TOUCH, 1/4 LEFT, 1/2 LEFT, 1/4 LEFT, SCUFF

1-2 Step right to right side, HOLD
&3-4 Step ball of left next to right, Step right to right side, Touch left next to right
5-6 Turn 1/4 left stepping forward on left, Turn 1/2 left stepping back on right
7-8 Turn 1/4 left stepping left to left side, Scuff right to left diagonal

S2: SYNCOPATED JAZZ BOX, SIDE RIGHT, SAILOR 1/4 LEFT, WALK, WALK

1-2 Cross step right over left, Step back on left
&3-4 Step ball of right next to left, Cross step left over right, Step right to right side
5&6 Step left behind right, Turn 1/4 left stepping right to right side, Step left to left side
7-8 Walk forward on right, Walk forward on left

Option: counts 7-8 full turn left

S3: OUT, OUT, HOLD, KNEE IN/OUT, KNEE IN/OUT, CROSS, SIDE

&1-2 Step right to right side, Step left to left side, HOLD
3-4 Turn right knee towards left, Turn right knee out taking weight
5-6 Turn left knee towards right, Turn left knee out taking weight
7-8 Cross step right over left, Step left to left side

S4: SAILOR STEP, CROSS, SIDE, SAILOR 1/4 LEFT, WALK, WALK

1&2 Step right behind left, Step left to left side, Step right to right side
3-4 Cross step left over right, Step right to right side
5&6 Step left behind right, Turn 1/4 left stepping right to right side, Step left to left side
7-8 Walk forward on right, Walk forward on left

S5: OUT, OUT, HOLD, SWAY RIGHT, SWAY LEFT, SWAY RIGHT, SWAY LEFT, SAILOR STEP

&1-2 Step right to right side, Step left to left side, HOLD
3-4 Step right to right side swaying hips to right side, Sway hips to left side
5-6 Sway hips to right side, Sway hips to left side
7&8 Step right behind left, Step left to left side, Step right to right side

S6: CROSS ROCK, RECOVER, CHASSE 1/4 LEFT, STEP 1/2 LEFT, TRIPLE FULL TURN LEFT

1-2 Cross rock left over right, Recover on right
3&4 Step left to left side, Step right next to left, Turn 1/4 left stepping forward on left
5-6 Step forward on right, Turn 1/2 left
7&8 Triple full shuffle left stepping Right, Left, Right (easy option: right shuffle forward)

S7: MAMBO STEP, ROCK BACK, RECOVER, STEP 1/4 LEFT, CROSS & HEEL

1&2 Rock forward on left, Recover on right, Step back on left
3-4 Rock back on right, Recover on left
5-6 Step forward on right, Turn 1/4 left
7&8 Cross step right over left, Step left slightly to left side, Touch right heel to right diagonal

S8: BALL ROCK FORWARD, RECOVER, CHASSE 1/4 LEFT, JAZZ BOX 1/4 RIGHT CROSS

&1-2 Step ball of right next to left, Rock forward on left, Recover on right
3&4 Turn 1/4 left stepping left to left side, Step right next to left, Step left to left side

5-6 Cross step right over left, Step back on left
7-8 Turn 1/4 right stepping right to right side, Cross step left over right

Tags: At the end of walls 1 & 3

OUT, OUT, IN, IN, JUMP OUT OUT, HOLD, SHOULDER POPS, CHEST POP

1-2 Step right to right side, Step left to left side
3-4 Step right back to centre, Step left next to right
&5-6 Jump forward stepping right to right side, Step left to left side, HOLD
7&8& Bring right shoulder up as you push left shoulder down (option: Roll right shoulder forward),
Bring left shoulder up as you push right shoulder down (option: Roll left shoulder forward),
Push chest out as you pull shoulders back, Recover pushing shoulders back to centre

Restart: On wall 2 dance up to count 36 then Restart the dance

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Hope You Enjoy.....Happy Dancing
