

Mini Bomp

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner & Seniors
編舞者: Wanda Heldt (AUS) - August 2015
音樂: Who Put the Bomp? - The Overtones



Start on Main vocals...

*Split floor with THE BOMP by Kim Ray

TOE STRUTS OUT, OUT, ROCK BACK, RECOVER, TOUCH , HOLD

1-2 Step forward on Right toe, Drop heel to floor.
3-4 Step forward on Left toe, Drop heel to floor.
5-6 Rock back on Right, Recover on Left.
7-8 Touch Right next to Left, Hold.

RUMBA BOX WITH HOLDS

1-2 Step Right, Step Left next to Right.
3-4 Step back on Right, hold.
5-6 Step side Left, Step Right next to Left.
7-8 Step forward on Left, hold.

2 x 1/4 PADDLE TURNS

1-2 Step forward on right, Hold.
3-4 1/4 Pivot turn Left, hold [9:00]
5-6 Step forward on Right, Hold.
3-4 1/4 Pivot turn Left, hold [6:00]

CROSS, RECOVER, STEP, HOLD, CROSS, RECOVER, STEP, HOLD

1 – 2 Rock Right over left, Recover on Left.
3 – 4 Step Right next to left, Hold.
5 – 6 Rock Left over right. Recover on Right.
7 – 8 Step Left next Right, Hold.

Repeat..... HAVE FUN IN LIFE & IN DANCE

Contact ~ Email: silverstarwa@gmail.com - 0403 536 163