

I Wonder Why (不知道為什麼) (zh)

COPPER KNOB
STEPSHETS

拍數: 60 牆數: 2 級數: Intermediate
編舞者: Niels Poulsen (DK) - 2008年11月
音樂: I Wonder Why - Curtis Stigers



前奏: Intro: 42 counts from first beat in music (28 seconds into track) 42拍(約28秒)後起跳

第一段 L Twinkle, R Twinkle ½ Turn R 左華士步, 轉華士步

- 1 – 3 Cross L over R, step R diagonally fw R, step L diagonally fw L [12:00]
左足於右足前交叉踏, 右足右斜角前踏, 左足左斜角前踏(面向12點鐘)
- 4 – 6 Cross R over L, turn ¼ R stepping back on L, turn ¼ R stepping fw on R [6:00]
右足於左足前交叉踏, 右轉90度左足後踏, 右轉90度右足前踏(面向6點鐘)

第二段 L Basic Fw, Back R With Slow L Point Backwards 前華爾滋, 後踏, 慢後點

- 1 – 3 Step fw L, bring R next to L, change weight to L [6:00]
左足前踏, 右足併踏, 重心至左足(面向6點鐘)
- 4 – 6 Step back on R, point L backwards over 2 counts [6:00]
右足後踏, 左足以2拍後點(面向6點鐘)

第三段 ½ L, Spin Full Turn L Over 2 Counts, R Twinkle ¼ R 左轉, 2拍左轉圈, 右1/4華士步

- 1 – 3 Turn ½ L stepping fw on L, spin full turn L on L over 2 counts [12:00]
左轉180度左足前踏, 以2拍左轉圈(面向12點鐘)
- 4 – 6 Cross R over L, step L diagonally fw L, turn ¼ R stepping R diagonally fw R [3:00]
右足於左足前交叉踏, 左足左斜角踏, 右轉90度右斜角前踏(面向3點鐘)

第四段 Fw L, Step ½ Turn L, Fw R, Step ½ Turn R With Side Step R 踏踏轉, 踏踏轉

- 1 – 3 Step fw L, step fw R, turn ½ L stepping onto L [9:00]
左足前踏, 右足前踏, 左轉180度左足踏(面向9點鐘)
- 4 – 6 Step fw R, step fw L, turn ½ R stepping R to R side [3:00]
右足前踏, 左足前踏, 右轉180度右足右踏(面向3點鐘)

第五段 L Cross Rock Side, Cross R Over L, Full L Unwind With Sweep Over 2 Counts 交叉曼波, 交叉左轉圈繞

- 1 – 3 Cross rock L over R, recover R, step L to L side [3:00]
左足於右足前交叉下沉, 右足回復, 左足左踏(面向3點鐘)
- 4 – 6 Cross R over L, unwind full turn L on R, sweep L behind R (weight R) [3:00]
右足於左足前交叉踏, 重心在右足左繞轉圈, 左足繞至右足後(重心在右足)(面向3點鐘)

第六段 Behind Side Lunge, Hold X 2 With Prep, ¼ L, ½ L 後旁曲膝候, 候 1/4 1/2

- 1 – 3 Cross L behind R, lunge R to R side, hold (turning upper body to R side into a prep) [3:00]
左足於右足後交叉踏, 右足右曲膝踏, 候(上半身轉向右, 準備左轉)(面向3點鐘)
- 4 – 6 Keep prepping !!!, turn ¼ L stepping onto L, turn ½ L stepping back on R [6:00]
上半身維持向右, 左轉90度左足踏, 左轉180度右足後踏(面向6點鐘)

第七段 ½ L, Extend R Upper Body Fw Over 2 Counts, 1½ R 左轉, 以2拍手伸展, 右轉轉轉

- 1 – 3 Turn ½ L stepping fw on L, extend upper body and R arm fw over 2 counts [12:00]
左轉180度左足前踏, 右手帶動上半身以2拍向前伸展(面向12點鐘)

4 – 6 Turn ½ R stepping fw on R, turn ½ R stepping back on L, turn ½ R stepping fw on R * [6:00]
右轉180度右足前踏, 右轉180度左足後踏, 右轉180度右足前踏(面向6點鐘)

On wall 2, AFTER count 42, [facing 12:00]. On wall 4, AFTER count 42, [facing 12:00].
第二面牆及第四面牆跳至此都面向12點鐘, 從頭起跳

第八段 Rock Fw L, Recover R, Back L, R Basic Back
前下沉 回復 後, 後華爾滋

1 – 3 Rock fw L, recover weight back to R, step back on L towards 1:30 [7:30] 左足前下沉, 右足回復, 左足左斜角後踏(面向7:30)

4 – 6 Step back on R, bring L next to R, change weight to R [7:30]
右足後踏, 左足併踏, 重心至右足(面向7:30)

第九段 Weave, ¼ R Stepping Fw R, Sweep L ¾ R Over 2 Counts
藤步, 右1/4踏, 以2拍右3/4左繞

1 – 3 Cross L over R, step R to R side squaring up to 6:00, cross L behind R [6:00] 左足於右足前交叉踏, 右足右踏(轉正面向6點鐘), 左足於右足後交叉踏(面向6點鐘)

4 – 6 Turn ¼ R stepping fw on R, sweep L around with a ¾ R on R foot * [6:00]
右轉90度右足前踏, 重心在右足左足向前繞右轉270度

Restart : On wall 5, AFTER count 54, [facing 6:00].
第五面牆跳至此, 面向6點鐘, 從頭起跳

第十段 L Cross Rock Side, R Twinkle 交叉曼波, 右華士步

1 – 3 Cross rock L over R, recover weight back on R, step L to L side [6:00]
左足於右足前交叉下沉, 右足回復, 左足左踏(面向6點鐘)

4 – 6 Cross R over L, step L diagonally fw L, step R diagonally fw R [6:00]
右足於左足前交叉踏, 左足左斜角前踏, 右足右斜角前踏(面向6點鐘)
