

Fight Dance

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Gemma Haile (UK) - August 2015
音樂: Fight Song - Rachel Platten



#8 Count introduction

Section 1: Step, step 1/2 turn step, full turn, out out, behind ¼ left

1 Step forward on right
2&3 Step forward left, pivot ½ turn right, step forward left
4& Full turn left stepping right back , left forward
5-6 Step right to right side, left to left side
7&8 Step right behind left, step left back turning ¼ turn left, step right forward

Section 2: Left Shuffle forward right mambo step, left shuffle back, step ¼ right swaying hips

1&2 Shuffle forward on left
3&4 Rock forward on right, recover on left, step right beside left
5&6 Shuffle back on left
7-8 Step right back turning ¼ right swaying hips to the right, sway hips left

Section 3: Right Cross, side rock and weave ¼ right, walks forward, lock step forward

1 Cross right over left
2&3 Rock to the left side, recover right, cross left over right
&4& Step right to right side, step left behind right, step right ¼ turn to right,
5-6 Step left forward, step right forward
7&8 Step left forward, lock right behind left, step left forward

Section 4: Right Rock recover triple full turn, left rock recover & back back

1-2 Rock forward on right, recover on left
3&4 Triple full turn stepping right left right turning clockwise
5-6 Rock forward on left, recover on right
&7-8 Step left beside right, walk back right left.

Section 5: Touch unwind ½ turn, walk forward, kick out out x 2

1-2 Touch right back, unwind ½ over right shoulder transferring weight to right
3-4 Walk forward left right
5&6 Kick left forward, step left out to left side, step right out to right side (weight on left)
7&8 Kick Right forward, step right out to right side, step left to left side (weight on right)

Section 6: sailor steps with ¼ turn right, skate steps, kick ball touch

1&2 Left sailor step
3&4 Sailor ¼ turn right
5-6 Skate forward left right
7&8 Kick left forward, step ball of left next to right, touch right beside left.

*4 Count Tag – At the end of wall two replace section 6 with the following:

1&2 Left sailor step
3-4 Skates forward Right, left

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