

Just Saying

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Jan Wyllie (AUS) - August 2015
音樂: Saying Something Stupid by Raol Malo and Trish Yearwood – 104 bpm



#16 count intro, NO TAGS OR RESTARTS

Rock Fwd Recover Triple Step Rock Back Recover Triple Step

1,2,3&4 Rock/step fwd on R, Recover back on L, Triple step on the spot RLR
5,6,7&8 Rock/step back on L, Recover fwd on R, Triple step on the spot LRL

8 Count Rocking Chair

9,10,11,12 Rock/step fwd on R, Recover back on L, Rock/step back on R, Recover fwd on L
13,14,15,16 Repeat above 4 counts

Step Pivot 1/4 Triple Step Step Pivot 1/4 Stomp Hold

17,18,19&20 Step fwd on R, Pivot 1/4 left transferring wt to L, Triple step on the spot RLR
21,22,23&24 Step fwd on L, Pivot 1/4 right transferring wt to R, Stomp L beside R, Hold

1/4 Monterey Turn 1/4 Monterey Turn

25,26 Touch R to right, Making 1/4 right as you step R beside L (Monterey turn)
27,28 Touch L to left, Step L beside R
29,30,31,32 Repeat above 4 counts - Monterey turn

Rock Recover Shuffle Back Rock Recover Shuffle Fwd

33,34 Rock/step fwd on R, Recover back on L
35&36 Shuffle back RLR (experienced dancers can shuffle 1/2 right)
37,38 Rock/step back on L, Recover fwd on R (experienced dancers pivot 1/2 right)
39&40 Shuffle fwd LRL

Step Fwd Touch Step Back Touch Step Fwd Touch Step Back Touch

41,42,43,44 Step fwd on R, Touch L toe to left, Step behind L, Touch R toe to right
45,46,47,48 Step fwd on R, Touch L toe to left, Step L behind R, Touch R toe to right

Cross/Rock Recover Side Shuffle Cross/Rock Recover Side Shuffle

49,50,51&52 Cross/rock R over L, Recover on L, Side shuffle right stepping RLR
63,54,55&56 Cross/rock L over R, Recover on R, Side shuffle left stepping LRL

Cross Toe Strut Toe Strut Back Side Toe Strut Stomp Beside Hold

57,58,59,60 Step R toe across L, Drop R foot, Step L toe back, Drop L foot
61,62,63,64 Step R toe to right, Drop R foot, Stomp L beside R, Hold

Written for my Monday Funday class
Hope YOU enjoy this easy little dance too
Just saying.... lol

See you on the floor sometime.... Jan

Youtube link <http://youtu.be/rsalA7j7wes>