

You & You Alone

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Adrian Lefebour (AUS) - July 2015
音樂: You and Only You - Delta Goodrem



Notes: 16 count intro from the start of the song

[1-8] □ Step Fwd, Step Across, 1/4 Turn, Step Back/Sweep, Behind, Side, Step Across, Replace, 1/4 Turn, 1/2 Pivot Turn

1 Step L fwd
2&3 Step R across/over, 1/4 Turn R step L back, Step R back whilst sweeping L around (3.00)
4&5,6 Step L behind R, Step R to R side, Step L fwd/across R, Replace weight on R
&7,8 1/4 Turn L step L fwd, Step R fwd, 1/2 Pivot Turn L (6.00)

[9-16] □ Step Fwd, Step Fwd, 1/2 Pivot Turn, Step Fwd, 1/2 Pivot Turn, Step Fwd, 1/4 Turn, 1/4 Turn, Drag, Click R Fingers (The Zig Zag Pivots travel slightly towards the 3.00 Wall)

1 Step R fwd
2&3 Step L fwd, Step R fwd (&), Pivot almost 1/2 turn L weight on L (1.00)
4&5 Step R fwd, Step L fwd (&), Pivot almost 1/2 turn R weight on R (5.00)
6&7 Step L fwd, 1/4 Turn L Step R back (3.00), 1/4 Turn L Step L to L side, Drag R toe towards L (12.00)
8 Click R fingers next to R Leg

[17-24] □ Step fwd, Sweep, Step Across, 1/4 Turn, Step Back, Sweep, Step Back, Sweep, Behind, Side, Fwd, 1/4 Pivot Turn, Step Fwd

1&2& Step R fwd, Sweep L around, Step L across R, 1/4 Turn L Step R back (9.00)
3&4& Step L back, Sweep R back, Step R back, Sweep L back
5&6 Step L behind R, Step R to R side, Step L fwd
7&8 Step R fwd, 1/4 Pivot Turn L, Step R fwd (6.00)

[25-32] □ Step Fwd, Hold, Twist 1/4, Twist 1/4 Kick R, Step Across, Step Back, Step Back/drag, Step Across, Step Back, 1/4 Turn/drag

1,2 Step L fwd, Hold
3,4 Twist body 1/4 R (take weight on R) (9.00), Twist body 1/4 L whilst sweep/kicking R fwd (weight on L) (6.00)
5&6 Step R across L, Step L back, Step R back whilst dragging L towards R
7&8 Step L across R, Step R back, 1/4 Turn L Step L to L side whilst dragging R towards L (3.00)

[33-40] □ Step Across, Replace, Step Together, Step Across, Replace, Step Together, 1/2 Pivot Turn, Step Across, 1/4 Turn, Step Back/Drag

1,2& Step R across L, Replace weight on L, Step R next to L
3,4& Step L across R, Replace weight on R, Step L next to R
5,6 Step R fwd, 1/2 Pivot Turn L (9.00)
7&8 Step R across L, 1/4 Turn R Step L back, Step R back whilst dragging L towards R (12.00)

[41-48] □ Coaster Step, Run Fwd x3 OR Full Triple Turn Fwd, 1/4 Pivot Turn, Step Across, 1/4 Turn, 1/2 Turn, Step Fwd

1&2 Step L back, Step R next to L, Step L fwd
3&4 Run fwd 3 steps stepping R L R OR Step R fwd, 1/2 Turn R step L back, 1/2 Turn R step R fwd
5&6 Step L fwd, 1/4 Pivot Turn R, Step L across R
7&8 1/4 Turn L Step R back, 1/2 Turn L Step L fwd, Step R fwd

START AGAIN

RESTART – On wall 2 dance to count 40 and Restart at the back wall

Finish – Wall 6, dance to count 22 then do a 1/2 turn & 1/4 turn over L to face the front and drag R towards L.

Adrian Lefebour – 0412 207 745 - alefebour@gmail.com
