

My Heart Belongs To You

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Improver
編舞者: Fred Buckley (CAN) - August 2015
音樂: Jumpin' the Gun - Ronnie Barnes : (iTunes)



[1-8] SIDE CHASSE, ROCK RECOVER, SIDE CHASSE, ROCK RECOVER

1&2 Chasse R stepping R, L, R
3-4 Rock back on L, recover on R
5&6 Chasse L stepping, L, R, L
7-8 Rock back on R, recover on L

[9-16] 1/2 TURN SHUFFLE, ROCK RECOVER, 1/2 TURN SHUFFLE, ROCK RECOVER

&2 Shuffle 1/2 turn L, stepping R, L, R
3-4 Rock back on L, recover on R
5&6 Shuffle 1/2 turn R, stepping L, R, L
7-8 Rock back on R, recover on L

[17-24] SHUFFLE FORWARD x2, PIVOT 1/4 TURN, TOUCH, HOLD

1&2 Shuffle forward stepping R, L, R
3&4 Shuffle forward stepping L, R, L
5-6 Step R forward, pivot 1/4 turn L
7-8 Touch R beside L, hold with clap

[25-32] SAILOR STEPS TRAVELING BACK x4

1&2 Step R behind L, step L to L side, step R to R side
3&4 Step L behind R, step R to R side, step L to L side
5&6 Step R behind L, step L to L side, step R to R side
7&8 Step L behind R, step R to R side, step L to L side

[33-40] SHUFFLE FORWARD, PIVOT 1/2 TURN, SHUFFLE FORWARD, PIVOT 3/4 TURN

1&2 Shuffle forward stepping R, L, R
3-4 Step L forward, pivot 1/2 turn R
5&6 Shuffle forward stepping L, R, L
7-8 Step R forward, pivot 3/4 turn L

[41-48] ROLLING VINE RIGHT, ROLLING VINE LEFT

1-2 Step right to right side turning 1/4 right, step left forward turning 1/4 right
3-4 Step right to right side turning 1/2 right, touch left beside right
5-6 Step left to left side turning 1/4 left, step right forward turning 1/4 left
7-8 Step left to left side turning 1/2 left, touch right beside left

Contact: fbuckyca2000@yahoo.com