

Louisiana Home

拍數: 64 牆數: 4 級數: Improver
編舞者: Alain Vanderheyden (BEL) - August 2015
音樂: Sweet Home Louisiana - Robert Mizzell : (CD: I Don't Want To Say Goodbey)



S1: Grapevine to R, touch, heel, hook, heel, hook

1-4 step RF to right side, cross left behind right, step RF to right side, left toe next to right
5-8 touch left heel fwd, cross LF over right leg, touch left heel fwd, cross left over right leg

S2: Grapevine to L, scuff, step, lock step, stomp together

1-4 step LF to left side, cross right behind left, step LF to left side, slide right heel on floor
5-8 step RF fwd, cross left behind right, step RF fwd, stomp LF next to RF

S3: Swivel back to L, stomp, swivel back to R, stomp

1-4 swivel left toe behind, swivel heel left behind, swivel left toe behind, stomp RF together
5-8 swivel right toe behind, swivel heel right behind, swivel right toe behind, stomp LF together

S4: Step fwd, ½ turn pivot, step fwd, hold, full turn R, step, hold

1-4 step RF fwd, ½ turn left, step RF fwd, hold
5-8 ½ turn right step LF back, ½ turn right step RF fwd, step LF fwd, hold (6:00)

S5: R Mambo fwd, hold, coaster step, hold

1-4 step RF fwd, recover LF, step RF back, hold
5-8 step LF back, step RF together, step LF fwd, hold

S6: Step fwd, ¼ turn L, stomp, hold, R kick fwd, stomp, R side kick, stomp

1-4 step RF fwd, ¼ turn left, stomp RF next to LF, hold (3:00)
5-8 kick RF fwd, stomp RF next to LF, kick RF to right side, stomp RF next to LF

S7: L Kick fwd, stomp, L back kick, stomp, R toe strut, L toe strut

1-4 kick LF fwd, stomp LF next to RF, kick LF back, stomp LF next to RF
5-8 right toe fwd, drop right heel, left toe fwd, drop left heel

S8: R side rock cross, hold, L side rock cross, hold

1-4 step RF aside, recover to LF, cross RF over LF, hold
5-8 step LF aside, recover to RF, cross LV over RV, hold

Begin again

Restart: during wall 6 dance you t/m count 32 (count 8 of the 4th block) and start again.

Ending: the last wall you dance t/m 60 count (count 4 of the 8th block) then: 5-8 step LF aside, ¼ turn right weight on RF, stomp LF next to RF, hold