No Shoes, No Shirt, No Problem (P)



拍數: 32 編數: 0 級數: Mixer Partner

編舞者: Paula Frohn (USA) - August 2015

音樂: No Shoes, No Shirt, No Problems - Kenny Chesney



Dedicated to Kendra's 50th Birthday (July 2015)

Practice Song: When The Sun Goes Down by Kenny Chesney

Facing LOD, single hand hold, man's right hand & lady's left, opposite footwork (man starts left foot, lady starts right foot)

1-4 Three steps forward, kick

Release hands ... man behind, lady's in front ...

5-8 Small steps, step side- together- side- touch together

Turn ¼ to face your partner ... repeat steps 5-8, now in 2 hand hold

9-12 Small step, side-together-side- touch

13-16 Turn ¼ to LOD, step- kick- face partner & step, touch

Now in 2 hand hold ...

17-20 Step side, cross behind, turn ½ to LOD & step forward, scuff

Release hands ... man behind, lady's in front ...

21-24 Small steps, step side-together-side- touch together

Release hands ...

25-28 Man: □Three steps forward, touch

Pick up "new" partner's hand

29-32 Two hips to away from partner, two hips together

25-28 Lady: ☐Three steps in place, touch

29-32 Two hips to away from partner, two hips together

Start over! Yeah baby!

Happy "50th" Birthday, Kendra!

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