

Crop Circle

拍數: 32 牆數: 0 級數: Beginner Circle
編舞者: Anne-Myriam Mocaër - 2014
音樂: Get Reel - Urban Trad



Alt. music: -

Get Reel Erbalunga by Urban Trad

Cooley's Reel by Sharon Corr [109 bpm]

Start dancing on lyrics

S1: LARGE SIDE, TOGETHER & CLAP

1-2 Big step right side, step left together and clap
3-4 Big step right side, step left together and clap
5-6 Big step right side, step left together and clap
7-8 Big step right side, step left together and clap

S2: TRIPLE STEP FORWARD RIGHT, LEFT ROCK STEP, TRIPLE STEP BACK LEFT, RIGHT ROCK STEP

1&2 Chassé forward right-left-right
3-4 Rock left forward, recover to right
5&6 Chassé back left-right-left
7-8 Rock right back, recover to left

S3: BEHIND SIDE, FULL TURN WITH TRIPLE STEP ON THE SPOT (OR FOR NEWCOMER TRIPLE STEP ON THE SPOT)

1-2 Step right side, cross left behind
3&4 Triple in place right-left-right turning a full turn right
Option: triple in place right-left-right without turning
5-6 Step left side, cross right behind
7&8 Triple in place left-right-left turning a full turn left

Option: triple in place left-right-left without turning

S4: TOUCH AND HEEL, HEEL AND TOUCH, HEEL AND HEEL AND POINT ON RIGHT SWITCH POINT ON LEFT

1&2 Touch right heel diagonally forward, step right together, touch left together
3&4 Touch left heel diagonally forward, step left together, touch right together
5&6& Touch right heel diagonally forward, step right together, touch left heel diagonally forward, step left together
7&8& Touch right side, step right together, touch left side, step left together

Repeat