

Blue Smoke

拍數: 80 牆數: 2 級數: Phrased Intermediate
編舞者: Anja Daßler (DE) & Tevin Pettis (DE) - July 2015
音樂: Blue Smoke - Dolly Parton



Hint: Dance starts after the first 16 counts

Sequence: A – B – A – A – A – B – * – A – A – ** – C – A – ***

Part A (1- 32)

Shuffle R, Shuffle L, ½ Turn Shuffle Back R, ½ Turn Shuffle L

1&2 shuffle forward right-left-right
3&4 shuffle forward left-right-left
5&6 shuffle back with ½ clockwise rotation (right-left-right)
7&8 shuffle back with ½ clockwise rotation (left-right-left)

Coaster Step R, Side Together Cross L, Side Together Cross R, Shuffle L

1&2 step right back, step left beside right, step right forward
3&4 side step left, right beside left, left across right
5&6 side step right, left beside right, right across left
7&8 shuffle forward left-right-left

Step R, ½ Twist L, Step R, ½ Twist L, Rock Recover R, ½ Turn R, Step R, Scuff L, Shuffle L, Scuff R, Cross Side Heel

1&2& step right, ½ counterclockwise rotation, with weight on balls of feet, step right ½
counterclockwise rotation, with weight on balls of feet
3&4 rock right forward, recover to left, ½ counterclockwise rotation, step right forward
&5&6 scuff left forward, shuffle left-right-left
&7&8 scuff right forward, right across left, side step left, right heel diagonal tap

Cross Side Heel, Heel Switches, Shuffle R, Mambo L

&1&2 right beside left, left across right, side step right, left heel diagonal tap
&3&4 left beside right, right heel diagonal tap, right beside left, left heel diagonal tap
& left beside right
5&6 shuffle right-left-right
7&8 step left forward, rock onto right, step left back.

Part B (33 – 48)

Apple Jacks (L-R-L-R-), Jazz Box ¼ Turn R, Jazz Box ¼ Turn R

1& left applejack - taking weight onto left heel and right toe, swivel left toe and right heel to left side.
2& right applejack – taking weight onto left toe and right heel, swivel left heel and right toe to right side
3& left applejack - taking weight onto left heel and right toe, swivel left toe and right heel to left side.
4& right applejack – taking weight onto left toe and right heel, swivel left heel and right toe to right side
5&6& cross right over left, left step back, ¼ clockwise rotation, step right to right side, close left beside right
7&8& cross right over left, left step back, ¼ clockwise rotation, step right to right side, close left beside right

Apple Jacks (L-R-L-R-), Jazz Box ¼ Turn R, Jazz Box ¼ Turn R, Jump

1-8 repeat the prior 1-8

& instead close left beside right, make a jump forward landing on both feet (at the end weight on left)

Part C (49-80)

Side R Touch & Clap, Side L Touch & Clap, Rocking Chair R

1,2 side step right, tap left beside right, clap simultaneous
3,4 side step left, tap right beside left, clap simultaneous
5,6 rock right forward, recover to left
7,8 rock right back, recover to left

Step R, ½ Turn L, Rock Recover R, Coaster Step R, Step L, Touch R

1,2 step right, ½ counterclockwise rotation, with weight on balls of feet
3,4 rock right forward, recover to left
5&6 step right back, step left beside right, step right forward
7,8 step left forward, tap right beside left

Repeat the prior 16 counts.

1-8 Side r touch & clap, side l touch & clap, rocking chair r
1-8 Step r, ½ turn l, rock Recover r, coaster step r, step l, touch r

*□Break: After round 6 is a short break of 8 counts.

When the violin and the guitars insert, starts again with Part A (at 01:49 mm:ss)

**□Dance the first 10 counts of Part A. Then is a break of 6 Counts, in this time, put left beside right. After -Woo-oooh, roll with me now-. Start at -Blue Smoke- whit Part C (at 02:29 mm:ss)

***□End: Dance the first 10 counts of Part A and additional

Step (L-R-L-R), ½ Turn L, Step R

1, 2 step left forward, step right forward
3, 4 step left forward, step right forward
5, 6 ½ counterclockwise rotation, with weight on balls of feet, step right forward

Full Turn R, Stomp R

1,2 ½ clockwise rotation and step left back, ½ clockwise rotation and step right forward
3,4 step left forward, stomp right beside left

As An Alternative To The Applejacks, You Can Do Swivels (L-R-L-R).

Contact: a.dassler_3@t-online.de
