

It's My Life, Don't Worry!

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
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音樂: It's My Life by Chawki & Dr. Alban



Starts from 72 counts

Section 1: R Rock Fwd, Recover, Shuffle Back, L Rock Back, Recover, Shuffle ½ Turn Right

1-2 Rock RF forward, recover weight on LF
3&4 Step RF back, step LF beside RF(&), step RF back
5-6 Rock LF back, recover weight on RF
7&8 Shuffle ½ turn right stepping Left, Right, Left(6)

Section 2: Shuffle ½ Turn Right, Pivot ¼ Turn Right, L Cross Rock, Recover, L Cross Samba

1&2 Shuffle ½ turn right stepping Right, Left, Right(12)
3-4 Step LF forward, pivot ¼ turn right(3)
5-6 Cross rock LF over RF, recover weight on RF
7&8 Cross LF over RF, rock RF to right side, recover weight on LF

Tag and Restart from count 1 in wall 8

Section 3: Weave Into R Sailor Step, Weave Into ¼ L Sailor Step

1-2 Cross RF over LF, step LF to left side
3&4 Cross RF behind LF, step LF a small step to left side(&), step RF to right side
5-6 Cross LF over RF, step RF to right side
7&8 Cross LF ¼ behind RF, step RF beside LF(&), step LF a small step forward(12)

Restart in wall 4

Section 4: R Rock Fwd, Recover, R Coaster Step, L Rock Fwd, Recover, Triple ¾ Turn Left

1-2 Rock RF forward, recover weight on LF
3&4 Step RF back, step LF beside RF(&), step RF forward
5-6 Rock LF forward, recover weight on RF
7&8 LF ½ left and step forward, RF step beside, LF ¼ left and step forward(3)

Restart: In wall 4 after count 24

Tag:

In wall 8 after count 16 and Restart from count 1

In wall 10 after count 32

R Rocking Chair

1-2 Rock RF forward, recover weight on LF
3-4 Rock RF back, recover weight on LF