Reach Out For The Skies

級數: Intermediate

編舞者: Seok Wai (SG) - August 2015

音樂: Reach Out For The Skies by Taufik Batisha and Rui En (Singapore National Day Parade Theme Song)

Intro- counts (start dance on main vocals)(Note: see video demo for styling)

Happy National Day Singapore

拍數: 32

RAISE R HAND UP, DOWN R HAND (Styling:*Let's reach out for the skies* Pose)

- 1-4 Place R hand above head for 4 counts
- 3-4 Bring R hand down over 4 counts

ROLLING R VINE HITCH, ROLLING L VINE HITCH (Styling: *We can touch the skies* Pose)

- 1/4 R step R forward, 1/2 R step L back, 1/4 R step R to R side, hitch L to R Side (point R hand 1-4 up)
- 5-8 1/4 L step L forward, 1/2 L step R back, 1/4 L step L to L side, hitch R to L Side (point L hand up)

R SIDE, DRAG, , L SIDE, DRAG, CROSS AND SLOW UNWIND 3/4

- 1-2 Step R to R side, drag L (open arms)
- 3-4 Step L to L side, drag R (open arms)
- 5-8 Cross R over L and unwind ¾ L over 4 counts (clench R fist bending elbow)(Styling: *Yes,We Can Do It* Pose)

ARM MOVEMENTS

- Bring R hand front 1-2
- 3-4 Bring L hand front
- 5-6 Bring both hands to chest
- Bring both hands to chest 7-8

REPEAT

Restart: On wall 5, dance to count 24, then restart dance.

Tag: After wall 10

- Bring both hands to chest 1-2
- 3-4 Bring both hands to chest





牆數:4