

# These Ramblin' Shoes

COPPER KNOB  
STEPPERS

拍數: 64      牆數: 4      級數: Easy Intermediate  
編舞者: Cheryl Hosking (AUS) - August 2015  
音樂: Lonesome but Free - Troy Cassar-Daley : (Album: Born To Survive)



**Start Position: Feet together - with weight on L foot.**  
**Starts on vocals – 32 counts in. Rotation: Anti-clockwise.**

- 1,2            Step R to R side, touch L beside R,  
3,4            Step L to L side, touch R beside L,  
5,6,7        Slow forward coaster step - step R forward, step L beside R, step R back,  
8              Touch L beside R,
- 1,2            Step L to L side, touch R beside L,  
3,4            Step R to R side, touch L beside R,  
5,6,7        Slow backward coaster step - step L back, step R beside L, step L forward,  
8              Scuff R forward,
- 1,2            Step/rock R forward, rock/replace weight back on L,  
3,4            Turning 180 degrees R - step R forward, hold for one count,  
5,6,7,8      Travelling forward turning 360 degrees (full turn) R - stepping L, R, L, touch R beside L,
- 1,2,3,4       Step/rock R to R side, rock/replace weight on L, step R over L, hold for one count,  
5,6            Step/rock L to L side, turning 90 degrees R - step R forward,  
7,8            \*\*□Step L forward, touch R beside L,\*\*
- \*\* BRIDGE - On wall 6 only add the following and then continue on with the dance\*\***
- 1,2,3,4       Step R to R side, touch L beside R, step L to L side, touch R beside L
- 1,2            Step R to R side, step L behind R,  
3,4            Step/rock R to R side, rock/replace weight onto L,  
5              .6□Step R behind L, step L to L side,  
7,8            R heel strut forward - touch R heel forward, drop weight onto R foot,
- 1,2            L heel strut forward - touch L heel forward, drop weight onto L foot,  
3,4            Turning 90 degrees L - step R to R side, step L beside R,  
5,6            R toe/heel strut back - step R toe back, drop weight onto R heel,  
7,8            Step/rock L behind R, rock/replace weight forward on R,
- 1,2            L toe/heel strut to L side - step L toe to L side, drop weight onto L heel,  
3,4            Step/rock R behind L, rock/replace weight forward on L,  
5,6            Step R forward, pivot 180 degrees L - weight on L,  
7,8            Step R forward, pivot 90 degrees L - weight on L,
- 1,2,3,4       Slow forward coaster step - step R forward, step L beside R, step R back, hold,  
5,6,7,8      Slow backward coaster step - step L back, step R beside L, step L forward, hold.

## REPEAT DANCE IN NEW DIRECTION

Bridge:□\*\* During wall 6 - dance the first 32 counts - add the 4 count bridge and continue on with the dance from count 33.

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