

Rumba De Carnaval

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Gordon Timms (UK) - August 2015
音樂: Mañana de Carnaval (Manha do Carnaval) - Luis Miguel : (CD: Romances)



There is a long 'strings' prelude (IGNORE) Start the dance on the vocals after 16 counts rhythm intro!□□
Rumba Rhythm throughout as in Ballroom is QQS

SECTION 1:□Basic Rumba Balance Steps... Diagonal Forward and Back

- 1 - 2 Step forward on the right at 45° pushing right hip out, recover weight back on to Left
- 3 - 4 Rock weight back on to the right foot, Hold for one count.
- 5 - 6 Step back on Left at 45° pushing Left hip out, recover weight back on to Right.
- 7 - 8 TOUCH and point Left toe slightly forward next to Right, Hold for one count. (Keep weight on RIGHT) Faces 12.00

SECTION 2:□Basic Rumba Walks.... Forward and Backwards (with hips please!)

- 1 - 2 Step left slightly forward crossing over right, recover weight on to right.
- 3 - 4 Step left slightly back behind right foot, Hold for one count.
- 5 - 6 Step right foot back, Step left foot back slightly behind right.
- 7 - 8 Step right foot back pushing right hip out, Hold for one count. Faces 12.00

SECTION 3:□Spot Turns and Balance Steps.... (Please take small steps)

- 1 - 2 Turning a ¼ turn left, step forward on the left, Step forward on the right. (9.00)
- 3 - 4 Pivot a ½ turn left, (Keeping weight on the left) Step forward with the right. (3.00)
- 5 - 6 Step forward on the left, Pivot ½ turn right.. (Keeping weight on the right) (9.00)
- 7 - 8 Step forward slightly with the left, Step a long step to the right side. (Keep left toe pointed to the left)

Faces 9.00

SECTION 4:□Marking Steps... (Time Steps)

- 1 - 2 Step left behind right, recover weight on the right.
- 3 - 4 Step left to left side, Hold for one count.
- 5 - 6 Step right behind left, recover weight on the left.
- 7 - 8 Step right to right side, Hold for one count. Faces 9.00

SECTION 5:□Rondé, ¼ Turn Left, Recover weight, Step forward and Hold, Right Cucaracha and Hold.

- 1 - 2 Turning ¼ Left,...Sweep (Rondé) Left foot to step next to right, Recover weight on to right. (6.00)
- 3 - 4 Step Left forward, Hold for one count.
- 5 - 6 Rock right out to right side, Recover weight on to the left.
- 7 - 8 Step Right foot next to the Left with weight, Hold for one count. Faces 6.00

SECTION 6:□Basic Rumba Walks.... Backwards and Forwards (with hips please!)

- 1 - 2 Step left slightly back crossing behind right, recover weight on to right.
- 3 - 4 Step left slightly forward crossing over right, Hold for one count.
- 5 - 6 Step right forward, Step Left forward.
- 7 - 8 Step right forward next to left, but slightly more to the right side, Hold for one count. Faces 6.00

SECTION 7:□New Yorkers...

- 1 - 2 Turn a ¼ right on the ball of the right foot, step left forward. (9.00)
- 3 - 4 Recover weight back on the right, turn ¼ left (6.00) step left to side and Hold.
- 5 - 6 Turn a ¼ left on the ball of the left foot, step right forward. (3.00)
- 7 - 8 Recover weight back on the left, turn ¼ right (6.00) step right to side and Hold Faces 6.00

SECTION 8: □ Left and Right Sequence... Basic Rumba Roll Back (Fan) Steps, Slide and Touch.

- 1 - 2 Turning ¼ Left, Roll back Left around behind right, recover weight on to Right.
3 - 4 Turning ¼ Right...(face original wall) Step Left to Left side, Hold for one count.
5 - 6 Turning ¼ Right, Roll back Right around behind Left, recover weight on to Left.
7 - 8 Slide up and TOUCH Right toe next to Left, Hold for one count. Faces 9.00

ENDING: As the music slows right down... REPEAT Section ONE slowly to fit the music, first with the right foot and then 'mirror' image starting with the left foot. To finish the 16 counts slow music sequence at the ending.

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